### Pattern 1: Exchanging

<table>
<thead>
<tr>
<th>Impaired nutrition: more than body requirements</th>
<th>Risk for imbalanced fluid volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Imbalanced nutrition: less than body requirements</td>
<td>Excess fluid volume</td>
</tr>
<tr>
<td>Risk for imbalanced nutrition: More than body requirements</td>
<td>Deficient fluid volume</td>
</tr>
<tr>
<td>Readiness for enhanced nutrition</td>
<td>Risk for deficient fluid volume</td>
</tr>
<tr>
<td>Risk for infection</td>
<td>Readiness for enhanced fluid balance</td>
</tr>
<tr>
<td>Risk for imbalanced body temperature</td>
<td>Decreased cardiac output</td>
</tr>
<tr>
<td>Hypothermia</td>
<td>Impaired gas exchange</td>
</tr>
<tr>
<td>Hyperthermia</td>
<td>Ineffective airway clearance</td>
</tr>
<tr>
<td>Ineffective thermoregulation</td>
<td>Ineffective breathing pattern</td>
</tr>
<tr>
<td>Autonomic dysreflexia</td>
<td>Impaired spontaneous ventilation</td>
</tr>
<tr>
<td>Risk for autonomic dysreflexia</td>
<td>Dysfunctional ventilatory weaning response</td>
</tr>
<tr>
<td>Constipation</td>
<td>Risk for injury</td>
</tr>
<tr>
<td>Perceived constipation</td>
<td>Risk for falls</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>Risk for suffocation</td>
</tr>
<tr>
<td>Bowel incontinence</td>
<td>Risk for poisoning</td>
</tr>
<tr>
<td>Risk for constipation</td>
<td>Risk for trauma</td>
</tr>
<tr>
<td>Impaired urinary elimination</td>
<td>Risk for aspiration</td>
</tr>
<tr>
<td>Stress urinary incontinence</td>
<td>Risk for sudden infant death syndrome</td>
</tr>
<tr>
<td>Reflex urinary incontinence</td>
<td>Risk for disuse syndrome</td>
</tr>
<tr>
<td>Urge urinary incontinence</td>
<td>Latex allergy response</td>
</tr>
<tr>
<td>Functional urinary incontinence</td>
<td>Risk for latex allergy response</td>
</tr>
<tr>
<td>Total urinary incontinence</td>
<td>Ineffective protection</td>
</tr>
<tr>
<td>Risk for urge urinary incontinence</td>
<td>Impaired tissue integrity</td>
</tr>
<tr>
<td>Urinary retention</td>
<td>Impaired oral mucous membrane</td>
</tr>
<tr>
<td>Readiness for enhanced urinary elimination</td>
<td>Impaired skin integrity</td>
</tr>
<tr>
<td>Ineffective tissue perfusion(specify type: renal, cerebral, cardiopulmonary, gastrointestinal, peripheral)</td>
<td>Risk for impaired skin integrity</td>
</tr>
<tr>
<td>Ineffective tissue perfusion(specify type: renal, cerebral, cardiopulmonary, gastrointestinal, peripheral)</td>
<td>Impaired dentition</td>
</tr>
<tr>
<td>Readiness for enhanced urinary elimination</td>
<td>Decreased intracranial adaptive capacity</td>
</tr>
<tr>
<td>Intermittent peristalsis</td>
<td>Disturbed energy field</td>
</tr>
</tbody>
</table>

### Pattern 2: Communicating

| Impaired verbal communication | Readiness for enhanced communication |

### Pattern 3: Relating

<table>
<thead>
<tr>
<th>Impaired social interaction</th>
<th>Sexual dysfunction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social isolation</td>
<td>Interrupted family processes</td>
</tr>
<tr>
<td>Risk for loneliness</td>
<td>Readiness for enhanced family processes</td>
</tr>
<tr>
<td>Ineffective role performance</td>
<td>Caregiver role strain</td>
</tr>
<tr>
<td>Impaired parenting</td>
<td>Risk for caregiver role strain</td>
</tr>
<tr>
<td>Risk for impaired parenting</td>
<td>Dysfunctional family process: Alcoholism</td>
</tr>
<tr>
<td>Readiness for enhanced parenting</td>
<td>Parental role conflict</td>
</tr>
<tr>
<td>Risk for impaired parent/infant/child attachment</td>
<td>Ineffective sexuality patterns</td>
</tr>
</tbody>
</table>
Pattern 4: Valuing

- Spiritual distress
- Risk for spiritual distress
- Readiness for enhanced spiritual well-being

Pattern 5: Choosing

- Ineffective coping
- Readiness for enhanced coping
- Impaired adjustment
- Defensive coping
- Ineffective denial
- Disabled family coping
- Compromised family coping
- Readiness for enhanced family coping
- Readiness for enhanced community coping
- Ineffective community coping
- Ineffective therapeutic regimen management
- Readiness for enhanced management of therapeutic regimen
- Noncompliance (specify)
- Ineffective family therapeutic regimen management
- Ineffective community therapeutic regimen management
- Effective therapeutic regimen management
- Decisional conflict (specify)
- Health-seeking behaviors (specify)

Pattern 6: Moving

- Impaired physical mobility
- Risk for peripheral neurovascular dysfunction
- Risk for perioperative positioning injury
- Impaired walking
- Impaired wheelchair mobility
- Impaired transfer ability
- Impaired bed mobility
- Activity intolerance
- Fatigue
- Risk for activity intolerance
- Disturbed sleep pattern
- Sleep deprivation
- Readiness for enhanced sleep
- Deficient diversional activity
- Impaired home maintenance management
- Ineffective health maintenance
- Delayed surgical recovery
- Adult failure to thrive
- Feeding self-care deficit
- Impaired swallowing
- Ineffective breastfeeding
- Interrupted breastfeeding
- Effective breastfeeding
- Ineffective infant feeding pattern
- Bathing/hygiene self-care deficit
- Dressing/grooming self-care deficit
- Toileting self-care deficit
- Delayed growth and development
- Risk for delayed development
- Risk for disproportionate growth
- Relocation stress syndrome
- Risk for relocation stress syndrome
- Risk for disorganized infant behavior
- Disorganized infant behavior
- Readiness for enhanced organized infant behavior
**Pattern 7: Perceiving**

- Disturbed body image
- Disturbed personal identity
- Chronic low self-esteem
- Disturbed sensory perception (specify: visual, auditory, kinesthetic, gustatory, tactile, olfactory)
- Situational low self-esteem
- Unilateral neglect
- Risk for situational low self-esteem
- Powerlessness
- Risk for powerlessness
- Hopelessness

**Pattern 8: Knowing**

- Deficient knowledge (specify)
- Acute confusion
- Readiness for enhanced knowledge (specify)
- Chronic confusion
- Impaired environmental interpretation syndrome
- Disturbed thought processes
- Impaired memory
- Wandering

**Pattern 9: Feeling**

- Acute pain
- Risk for suicide
- Chronic pain
- Post-trauma syndrome
- Nausea
- Rape-trauma syndrome
- Dysfunctional grieving
- Rape-trauma syndrome: compound reaction
- Anticipatory grieving
- Risk for post-trauma syndrome
- Chronic sorrow
- Rape-trauma syndrome: silent reaction
- Risk for other-directed violence
- Risk for self-mutilation
- Self-mutilation
- Anxiety
- Risk for self-directed violence
- Death anxiety
- Risk for post-trauma syndrome
- Fear