

Curriculum Vitae

Dr. Mahamed Ateef MPT (Orthopedics), Ph. D.

Assistant Professor, Dept. of Physical therapy

CAMS, Majmaah University, Al Majmaah

Saudi Arabia-11952

[Scopus Author ID: 57193440761](https://scopus-author-id.com/57193440761)

<https://scholar.google.com/citations?user=X5I-nOcAAAAJ&hl=en&oi=ao>



PERSONAL DETAILS

D.O.B: 23 October 1975

Nationality: Indian

City: Ongole

District: Prakasham

State: Andhra Pradesh,

Mobile: 009 66557673351

Email: m.jeelani@mu.edu.sa

Ext: 2973.

ACADEMIC PROFILE

Doctor of Philosophy (Ph. D)

Department of Physiotherapy

Sainath University, Ranchi, Jharkhand,

India. (2010 To-2013).

Title of PhD Thesis:

Effect Of Age, Sex, Bmi on Functional Status in Primary Knee

Osteoarthritis Individuals.

MPT in Physical Therapy (Orthopedic Specialty)

Dr. NTR University of Health Sciences-Vijayawada-

Andhra Pradesh, India (2007 To 2010)

Title of Master Thesis:

"A Comparative Study to Find the Effectiveness of Shortwave Diathermy Combined with Stretching and Strengthening Exercises Vs Ultrasound Therapy Combined with Stretching and Strengthening Exercises in Patients with Painful Flat Back".

Bachelor's degree (BPT)

Dr. MGR Medical University- Chennai,

Tamil Nādu, India (1995 To 1999)

RESEARCH INTERESTS AND SPECIALIZATION

1. Musculoskeletal Research
2. Cross-Cultural Validation Studies
3. Knee Osteoarthritis

PEER REVIEWED RESEARCH PUBLICATIONS

1. Saraf, A., Goyal, M., Vileikyte, L., **Ateef, M.**, & Samuel, A. J. (2022). Neuropathy-and foot-ulcer specific quality of life instrument (NeuroQoL): Translation, cross-cultural adaptation and content validation in Hindi. *Foot and ankle surgery: official journal of the European Society of Foot and Ankle Surgeons*, S1268-7731(22)00226-0. Advance online publication. <https://doi.org/10.1016/j.fas.2022.11.003> **SCIE: Q2**
2. **Ateef, M.**, Alqahtani, M., Alzhrani, M., Alkathiry, A. A., Alanazi, A., & Alshewaier, S. A. (2022). A Systematic Review of Psychometric Properties of Knee-Related Outcome Measures Translated, Cross-Culturally Adapted, and Validated in Arabic Language. *Healthcare (Basel, Switzerland)*, 10(9), 1631. <https://doi.org/10.3390/healthcare10091631> **SCIE: Q2**
3. Sharma, N., Arahna, V. P., Saxena, S., **Ateef, M.**, & Samuel, A. J. (2022). Scoping out the scope of scoping reviews in neonatal and pediatric pain management: A scoping review methodological framework. *Journal of pediatric surgery*, 57(8), 1599–1608. <https://doi.org/10.1016/j.jpedsurg.2021.11.012> **SCIE: Q2**
4. **Ateef, M.**, Alqahtani, M. M., Alzhrani, M., & Alshewaier, S. (2021). Physical Function and Quality of Life and Modification of Authentic Islamic Prayer Procedure by Osteoarthritis Knee Patients in Saudi Arabia: A Cross-sectional Study. *Journal of religion and health*, 60(2), 764–773. <https://doi.org/10.1007/s10943-019-00878-8> **SCIE: Q3**
5. **Ateef, M.** (2020). Measurement properties of the Knee Injury and Osteoarthritis Outcome Score Patello-Femoral questionnaire in Saudi Arabians. *PeerJ*, 8, e9323. <https://doi.org/10.7717/peerj.9323> **SCIE: Q2**
6. **Ateef, M.** (2022). Hidden association of knee-related disability with physical activities among community-dwelling older male Saudi Arabians with knee osteoarthritis. *Journal of Health Sciences*, 12(1), 16–21. <https://doi.org/10.17532/jhsci.2022.1445> **Scopus**
7. **Ateef, M.** (2018). Physiotherapy Management in Common Tendon Injuries: Review of Reviews. *International Journal of Physiotherapy*, 5(2), 69-74. <https://doi.org/10.15621/ijphy/2018/v5i2/170746> **ESCI**

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8. **Ateef, M.** SCIENTOMETRICS: A NEED FOR PHYSICAL THERAPY: International Journal of Current Research and Review, 2016; 8(3): 28-29 **2016** <http://www.scopemed.org/?mno=220224>
Non-ISI
9. **Ateef, M.** PSYCHOMETRIC EVALUATION OF KNEEPAIN: ABAB DESIGN A Single Subject Randomized Control Trial: International Journal of Current Research and Review, **2016**; 8(5): 30-32
<https://www.ejmanager.com/mnstemp/45/45-1458628895.pdf>
Non-ISI
10. **Ateef, M.** EFFECT SIZE ANALYSIS: AN INNOVATIVE METHOD TO POINT ESTIMATE: International Journal of Current Research and Review. **2016**; 8(4): 50-50 <https://www.ejmanager.com/mnstemp/45/45-1457071594.pdf>
Non-ISI
8. Kulandaivelan, S., **Ateef, M.**, Singh, V., Chaturvedi, R., Joshi, S. (2018). One-year prevalence of low back pain and its correlates in Hisar urban population. Journal of Musculoskeletal Research, 21(2), 1850011.
<https://doi.org/10.1142/S0218957718500112>
Scopus
11. **Ateef, M.**, Kulandaivelan, S., & Alqahtani, M. (2017). Cross-Cultural Validation of Urdu Version KOOS in Indian Population with Primary Knee Osteoarthritis. International journal of rheumatology, 2017, 1206706. <https://doi.org/10.1155/2017/1206706>
ESCI
12. **Ateef M**, Kulandaivelan S. Test–retest reliability and correlates of 6-minute walk test in patients with primary osteoarthritis of knees. Indian J Rheumatol [serial online] **2016** 11:192-6. Available from:
<https://www.indianjrheumatol.com/article.asp?issn=09733698;year=2016;volume=11;issue=4;page=192;epage=196;aulast=Ateef>
Scopus
13. Sivachidambaram Kulandaivelan, **Mahamed Ateef**, Varun Singh, Rekha Chaturvedi, Shabnam Joshi, JaspreetKaur Malik, Sonu Punia, Manoj Malik, Dinesh Narwal, Monika Rani. Urban-Geographical-Observational-Cohort-Study-HUGOCS-Aims-and-Objectives-Methodology-Future-Plans., IOSR Journal of Dental and Medical Sciences, **2017**, 16: (6):23-27.<http://www.iosrjournals.org/iosr-jdms/papers/Vol16-issue6/Version-8/F1606082327.pdf>
Non-ISI
14. **Ateef,M**, R Chaturvedi, S Joshi, A Malik, A Pahinian. Prevalence of knee pain and it correlates with specific emphasis on CVD risk factors in Hisar urban population. Int. J. Clin. Rheumatol, **2016**. 12 (4)
<http://www.indianjrheumatol.com/text.asp?2016/11/4/192/192668>
<http://www.openaccessjournals.com/journals/clinical-rheumatology.html>
Scopus-
15. Talupuru, Pavan K; Kulandaivelan, Sivachidambaram; Alrashdi, Naif Ziad; **Ateef, Mahamed**. Effect of age on hand grip strength in professional cricket players. Indian Journal of Health and Wellbeing; **2016**;7(7): 774-776.
Non-ISI

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16. **Ateef M.** Efficacy of resisted training in bicipital tendon instability: A clinical case report. Saudi J Sports Med [serial online] **2015** [cited 2017 Nov 5]; 15:100-2. Available from <http://www.sjosm.org/text.asp?2015/15/1/100/149548> **Non-ISI**
17. **Ateef M.** Evidence-based learning and practice in physical therapy: A need for novice physical therapists. Saudi J Sports Med [serial online] **2015** [cited 2017 Nov 5]; 15:106-7. Available from: <http://www.sjosm.org/text.asp?2015/15/1/106/146351> **Non-ISI**
18. **Mahamed Ateef.** Efficacy of resisted exercise in straightened cervical lordosis: A case report: ABAB design. Saudi J Sports Med [serial online] **2015** [cited 2017 Nov 5]; 15:97-9. Available from: <http://www.sjosm.org/text.asp?2015/15/1/97/149547> **Non-ISI**
19. **Ateef M.** Evidence-based learning and practice in physical therapy: A need for novice physical therapists. Saudi J Sports Med [serial online] **2015** [cited 2017 Nov 5]; 15:106-7. Available from: <http://www.sjosm.org/text.asp?2015/15/1/106/146351> **Non-ISI**
20. **Ateef M.** Qualitative methodological randomized control trials: A need for evidence-based learning and practice in physiotherapy. Saudi J Health Sci [serial online] **2014** [cited 2017 Nov 5]; 3:182-3. Available from: <http://www.saudijhealthsci.org/text.asp?2014/3/3/182/142342> **Non-ISI**
21. **Mahamed Ateef, S. Kulandaivelan.** Evaluation of gender related functional status in Indian primary knee osteoarthritis population. Indian journal of health and wellbeing **2012**;4:2:305-7 <https://www.i-scholar.in/index.php/ijhw/article/view/92461> **Non-ISI**
22. **Ateef, M., Shaziya, T., Kulandaivelan, S.** Influence of Age on Self-Reported and Actual Physical Performance Measures in Primary Knee Osteoarthritis. Indian Journal of Health and Wellbeing, Mar. 2012, Vol:3(4), p. 1087-1089, <https://www.i-scholar.in/index.php/ijhw/article/view/92537> **Non-ISI**

RESEARCH/TEACHING EXPERIENCE

Name & Address of Employer	Position or Rank	From	To
1. Majmaah University, AlMajmaah, Kingdom of Saudi Arabia	Assistant Professor	13/7/1435H	Present
2. Maharashtra Institute of physiotherapy -Vishwanathpuram, Ambajogai Road, Latur-413531, Maharashtra, India.	Assistant Professor	08/05/1434H	24/05/1435
3. SIMS College of Physiotherapy, Mangaldas Nagar, Guntur-522 001, A.P- India	Tutor	15/10/1419H	17/6/1428

COLLABORATIVE RESEARCH WORK:

1. Collaboration with University of Southern Denmark, DENMARK. (www.koos.nu)
Under the Concept and permission for validating the original version into Arabic Language.

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HONOURS AND AWARDS

1. Received an Award from the “Deanship of scientific Research and Graduate studies” for presenting a topic on “Collaborative Research” on 5th December 2017.

PARTICIPATION IN SOCIETIES/SCIENTIFIC ORGANIZATIONS, JOURNALS AND/OR WEBSITES

1. Life-Member of Indian Association of Physiotherapists. (Member of WCPT) Regd. No. L-4739 : <https://www.physiotherapyindia.org/members/4064-annual-active-members-of-iap-2021.html>
2. Certified Sports Nutritionist- American college of sports Medicine (ACSM).

ADMINISTRATIVE ASSIGNMENTS AT MAJMAAH UNIVERSITY:

Committee and title of role	Level: Department/College	Duration of association
1. Head of Lab committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1444-45
2. Member of Student Affairs committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1444-45
3. Member-Quality committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1444-45
4. Member-Scientific committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1444-45
5. Member-Study plan committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1444-45
6. Head of Lab committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1443-44
7. Member of Student Affairs committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1443-44
8. Member of Scientific Affairs committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1443-44

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9. Member of Lab Unit	College of Applied Medical Sciences, Majmaah University.	1443-44
10. Member-Study plan committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1443-44
11. Member of Lab committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1442-43
12. Head of Student Affairs committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1442-43
13. Member-Study plan committee	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1442-43
14. Member of Student Affairs committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1440-41
15. Member of Lab committee.	Dept. Of Physical Therapy, College of Applied Medical Sciences, Majmaah University.	1440-41

TEACHING ASSIGNMENTS AT MAJMAAH UNIVERSITY:

1. **BACHELORATE:** ALL THE COURSES Handled from 2014 until now. Dept. of Physical therapy, Majmaah University-KSA.
2. **MASTER OF SCIENCE in Physical Therapy:** Sports & Exercise participation, Sports Nutrition, Research Proposal. 2019 until now. Dept. of Physical therapy, Majmaah University-KSA

MASTER THESIS SUPERVISION AT MAJMAAH UNIVERSITY:

Thesis title	Student Name (university ID)	My Role	Submission date
Cross-cultural adaptation and validation of the Arabic version of the knee and hip health-related quality of life (Mini-OAKHQoL) questionnaire in Saudi patients with osteoarthritis	421104311	Main Supervisor	Ongoing

CONFERENCES/SEMINARS/WORKSHOPS/SYMPOSIA outside Majmaah University

Presentations:

1. Ateef Mahamed (2016) "Psychometric properties of cross-culturally validated questionnaire in Indian Osteoarthritis knee population" at online international conference on psychology and allied health sciences, Hisar, INDIA
2. Ateef Mahamed (2014) "An empirical process of Cross- cultural translation & validation of its psychometric properties" at online international conference on psychology and allied health sciences, Hisar, INDIA
3. Ateef Md (2011). "Influence of age on self-reported and actual physical performance measures in primary knee osteoarthritis", 1st International online conference on psychology and allied health sciences, Guru Jambheshwar University, Hisar, INDIA [25-26 November 2011].
4. Ateef Mahamed (2011) Evaluation of gender related functional status in Indian primary knee osteoarthritis population 1st International online conference on psychology and allied health sciences, Guru Jambheshwar University, Hisar, INDIA [25-26 NOVEMBER 2011].
5. Ateef Mahamed, (2013). Correlation of self-reported questionnaire (KOOS) with some objective measures in primary OA knee patients. 2nd International Conference on Psychology and Allied Sciences, Hisar, India 22nd March 2013.
6. 37th Annual Conference of The Indian Association of Physiotherapist dt: 21st, 22nd & 23rd January 2005 at Chennai.
7. 43rd Annual Conference of The Indian Association of Physiotherapist dt: 21st, 22nd & 23rd January 2005 at Hotel Viceroy, Hyderabad, India – (Member of World Confederation for Physical Therapy)
8. 51st Annual Conference of The Indian Association of Physiotherapist dt: 21st, 22nd & 23rd January 2013 at Goa.
9. 2nd International Conference on Psychology and Allied Sciences, Hisar, India 22nd March 2013
10. Attended a one-day seminar on EMG Biofeedback therapy in Neuro Rehabilitation 17/7/2003 by Dr. Bernard. S Brucker, PhD. ABPP, Associate Professor, Director of the Biofeedback Laboratory, University of Miami, Florida, USA at Apollo Hospitals – Hyderabad, Andhra Pradesh.
11. Latest Trends in Physiotherapy Assessment of Stroke and Management of Stroke Patients conducted by The Indian Association of Physiotherapists. (Member of World Confederation for Physical Therapy) dated 27/07/2003 at Hyderabad.
12. Manual Therapy & Pelvic dysfunction. By Dr. Karthik Yadagiri DPT, USA at Hyderabad on 29th June 2019.
13. Functional Exercise therapeutics & Core stability. By Dr. Karthik Yadagiri DPT, USA at Hyderabad on 28th June 2019.

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CONFERENCES/SEMINARS/WORKSHOPS/SYMPOSIA AT MAJMAAH UNIVERSITY:

Title of workshop and/or symposium	Date	Place, venue, organizer	Participation
1. 1.World Quality Month Awareness Campaign	24/11/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
2. Multiple Choice Questions in Basic & Clinical Sciences	17/11/2019	Training Unit, Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
3. Psychometric analysis of measurements	10/11/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
4. NCAAA SSRP - Review of Standards	13/10/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
5. Journal Club	06/10/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
6. Importance of Researcher's ID	29/09/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
7. Mandatory Requirements for NCAAA Program Accreditation	15/09/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
8. Faculty Orientation Program	08/09/2019	Vice Deanship for Quality and Development, College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
9. An introduction to collaborative Research.	05/12/2017	Vice Deanship for Graduate studies and scientific research., College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Presented the Topic "An introduction to collaborative Research".

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10. How to prepare the cognitive domain questions for learning?	07/03/2017	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
11. How to maximize D2L: Desire 2 Learn?	22/02/2017	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
12. How to effectively implement various teaching strategies	16/02/2017	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
13. Course Evaluation Planning	09/02/2017	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
14. How to prepare a Course Report?	24/01/2017	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate
15. "Future Trends in Medical Laboratories: Sub-Programs"	19/05/2014	College of Applied Medical Sciences, Majmaah University, Al Majmaah, Kingdom of Saudi Arabia	Participated as a Delegate

Dr Mahamed Ateef

5-1-2023.