



Faizan Zaffar Kashoo

Masters in Neuro Physiotherapy

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No.26, Majmaah University
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EXPERIENCE

Majmaah University, Saudi Arabia — Lecturer

28th January 2010 - PRESENT

Lecturing, hospital posting, supervising clinical postings, Administrative activities, Quality accreditation of college, and research activities.

M.M. University, India — Principal

October 2006 - December 2009

Administrative activities, Quality accreditation of college, and research activities.

MMIPR, India — Head of PT department

July 2004 - september 2006

Lecturing, supervision of college OPD, Administrative activities.

EDUCATION

Vikas College of Physiotherapy, Mangalore, India — BPT

April 1997 - June 2001

Earned Bachelors of Physiotherapy from Rajiv Gandhi University Of Health Sciences, Bangalore.

Jamia Hamdard University, New Delhi, India — MPT

December 2002 - June 2004

Earned Masters in Neuro Physiotherapy from Jamia Hamdard University, Department of Rehabilitation Sciences.

SKILLS

Curriculum assessment

Conducting research activities

Administrative activities

Team work

Time management and
organisational skills

AWARDS

Gold Medal at 43th Inventors
meet at Geneva for invention
related to stroke
rehabilitation.

First prize for new foot for
flat foot patients at
conference in Saudi Arabia.

LANGUAGES

Kashmiri, Hindi, English

Published Research

1. Comment to “Impact of core stability education on postural control in children with spastic cerebral palsy” by Mostafa S. Ali
H Singh, F Kashoo, M Ahmad
Bulletin of Faculty of Physical Therapy 26 (1), 1-2, 2021
2. Relationship Between Teacher’s and Therapist’s Evaluations on Handwriting Performance in First-grade Children
A Alhusaini, G Melam, EB Takrouni, F Zaffar Kashoo, S Buragadda, Iranian Rehabilitation Journal 19 (2), 147-156
2021
3. Neural mobilization in Bell’s palsy: A case report
FZ Kashoo, M Alqahtani, M Ahmad
CRANIO® 39 (3), 266-269,1,2021
4. Assessment of hand function in women with lymphadenopathy after radical mastectomy
S Mistry, T Ali, M Qasheesh, RA Beg, MASHape, F Ahmad, FZ Kashoo, ...
PeerJ 9, e11252 2021
5. Current Physical Therapy Practice in the Intensive Care Unit in Saudi Arabia: A Multicentre Cross-Sectional Survey
M Alqahtani, F Kashoo, M Alzhrani, F Ahmad, MK Seyam, M Ahmad, ...
Critical Care Research and Practice 2020 2020
6. Does transcranial direct current stimulation affect selective visual attention in children with left-sided infantile hemiplegia? A randomized, controlled pilot study
RA Alharbi, SA Aloyuni, F Kashoo, MI Waly, H Singh, M Ahmad
Brain Impairment, 1-13 2020
7. Knowledge, attitude, and barriers to telerehabilitation-based physical therapy practice in Saudi Arabia
S Aloyuni, R Alharbi, F Kashoo, M Alqahtani, A Alanazi, M Alzhrani, ...
Healthcare 8 (4), 460 4 2020
8. Effect of Walking on Sand with Dietary Intervention in Overweight Type 2 Diabetes Mellitus Patients: A Randomized Controlled Trial

M Seyam, F Kashoo, M Alqahtani, M Alzhrani, F Aldhafiri,
M Ahmad

Healthcare 8 (4), 370 2020

9. Comment to “The effects of Kinesio taping of lower limbs on functional mobility, spasticity, and range of motion of children with spastic cerebral palsy” by Mirjavad Tabatabaee ...

FZ Kashoo, M Ahmad

The Egyptian Journal of Neurology, Psychiatry and
Neurosurgery 56 (1), 1-2 1 2020

10. Comments on Misconceptions About the Management of Low Back Pain: A Brief Note for Physiotherapists by Musa Sani Danazumi

FZ Kashoo, M Ahmad

Middle East Journal of Rehabilitation and Health Studies
7 (3) 2020

11. Comments on the “Effectiveness of team-based learning with high fidelity simulation in an undergraduate pediatric course for nurses”

FZ Kashoo, M Ahmad

Saudi Journal for Health Sciences 9 (2), 175
2020

12. Comments on “Prevalence of alexithymia and associated factors among medical students at King Abdulaziz University: a cross-sectional study”

FZ Kashoo, RA Alharbi, S Aloyuni, A Mehrunnisha, SH
Alzahrani

Annals of Saudi Medicine 40 (3), 260-261
2020

13. Comment on: Body mass index and periodontal health status among young Saudi adults: a cross-sectional study

FZ Kashoo, M Alqahtani, M Ahmad, F Ahmad, M Miraj, P
Kashyap

Annals of Saudi medicine 40 (2), 164-164 1
2020

14. Comment on: The association between the timing of energy intake and the risk of overweight and obesity among Saudi female university students

FZ Kashoo, MS Alqahtani, RA Alharbi, SA Aloyuni

Saudi medical journal 41 (3), 318 2020

15. The Effectiveness of Self-Administered Contract Relax Agonist

Contract (CRAC) Stretching on Performance of Hamstring Curls
to Fatigue in Elderly Population

Biosc.Biotech.Res.Comm. 13 (4),
<http://dx.doi.org/10.21786/bbrc/13.4/109>
2020

16. Faizan Z. Kashoo, MPTh, Mehrunnisha Ahmad, Msc b, Harpreet Singh, MPT c, Raid S. Albaradie, PhD d, Majumi Noohu, PhD e and Khalid Alghamdi, Msc f

KSA Majmaah

Journal of Taibah University Medical Sciences 15 (2),
166e167 2020

17. Physical therapy in cervicogenic dizziness

MM Alqahtani, FZ Kashoo

Physical therapy 9 (1), 1-6 2 2020

18. Awareness of patients with multiple sclerosis in Saudi Arabia regarding the relationship between smoking and multiple sclerosis

FZ Kashoo, M Alqahtani, F Ahmad

Neurosciences Journal 25 (1), 73-73 1 2020

19. Work-related risk factors for Carpal Tunnel Syndrome among Majmaah University female touchscreen users

FZ Kashoo

Pakistan Journal of Medical Sciences 35 (6)
2019

20. Reply-Letter to the Editor-Effectiveness of medial-wedge insoles for children with intoeing gait who fall easily

F Kashoo

Turkish journal of physical medicine and rehabilitation
65 (2), 202 2019

21. Relationship between quality of life of children with cerebral palsy and their mothers' depression and anxiety.

F Kashoo, M Ahmad

Saudi Journal for Health Sciences 8 (2), 126-126 1
2019

22. Effect of sensory integration on attention span among children with infantile hemiplegia

FZ Kashoo, M Ahmad

International journal of health sciences 13 (3), 29

23. Comments on reliability and validity of X-ray findings in cervical dysfunction: A brief review.

F Kashoo, M Alqahtani

Saudi Journal of Sports Medicine 19 (1), 30-30

2019

24. Relation between night eating syndrome and academic grades among university students

M Ahmad, FZ Kashoo, M Alqahtani, S Waqas, M Rizvi, A Bushra

Turkish Journal of Endocrinology and Metabolism 23 (2),

85 8 2019

25. Challenge is the key to stroke rehabilitation.

F Kashoo, M Ahmad

Biomedical Research (0970-938X) 29 (21) 3

2018

26. Current scenario of evidence-based practice and rationale of preferred approach in stroke rehabilitation among physiotherapists in Saudi Arabia: A cross-sectional survey

MM Alqahtani, FZ Kashoo, F Ahmad

Saudi Journal for Health Sciences 7 (1), 53 8

2018

27. Clinical Trial Results-Rehabilitation and Recovery Comparing the immediate effect of auditory and visual mental imagery on reaching and grasping task among sub-acute stroke ...

F Kashoo, R Baradie

International Journal of Stroke 10, 89-90 1

2015

28. Motorized multidirectional protuberance device for sitting balance of stroke patients

F Kashoo, R Baradie

INTERNATIONAL JOURNAL OF STROKE 10, 89-89

4 2015

29. Comparing the immediate effect of auditory and visual mental imagery on reaching and grasping task among sub-acute stroke patients

F Kashoo, R Baradie

INTERNATIONAL JOURNAL OF STROKE 10, 89-90

2015

30. Relative & Cumulative efficacy of Auditory & Visual Imagery on Upper Limb Functional Activity among Chronic Stroke Patients
 F Ahmad, S Al-Abdulwahab, N Al-Jarallah, R Al-Baradie, MZ Al-Qawi, ...
 NATIONAL EDITORIAL ADVISORY BOARD 8 (4), 4264 1
 2014
31. Prevalence of obesity and overweight among Majmaah university students
 E Naji, FZ Kashoo, M Kashoo
 Indian J Physiother Occup Ther 7 (4), 41 7 2013
32. Effect of Aerobic Exercises on Blood Pressure in Mild and Moderate Hypertensive Middle-aged and Older Patients
 A Shaphe, I Ahmad, FZ Kashoo
 Majmaah Journal of Health Sciences 1 (1), 46-52 4
 2013
33. Comparing the immediate effect of auditory and visual mental imagery on reaching and grasping task among sub acute stroke patients
 S Kanwar, FZ Kashoo
 Indian J 5 (2), 162 8 2011
34. Modified mobilization techniques in adhesive capsulitis of the shoulder joint: A case report
 FZ Kashoo, TR Vijay, H Haran
 Indian J 4, 28 2 2010
35. Agreement between timed up and go test and tinetti assessment scale in institutionalized elderly
 FZ Kashoo, L Dhawan
 Indian J 4 (3), 25 2 2010
36. Physical Therapy Utilization and Patients Characteristics among Home Health Care Beneficiaries with Cerebrovascular Accidents in Saudi Arabia
 FY Asiri, AS Altera, A AlshahraniMohammad, M Alam, M Alqahtani, ...

Books Published

1. Advances in Health and Disease. Volume 28, Lowell T. Duncan (Editor) NOva Publishers USA.
 Chapter 5. Assessment, Diagnosis, and Advance Intervention in Musculoskeletal Disorders Associated with Touch Screen Technology

Faizan Zaffar Kashoo (Department of Physical Therapy and Health Rehabilitation, College of Applied Medical Sciences, Majmaah University, Majmaah, Saudi Arabia, and others) and Mehrunnisha Ahmad (Department of Nursing, College of Applied Medical Sciences, Majmaah University, Majmaah, Saudi Arabia)

2. Geriatric Fall Assessment Paperback – Illustrated, 17 Jun. 2013

English edition by Faizan Kashoo (Autor), Raid Saleem Baradie (Autor), Mehrunnisha Kashoo (Autor)