

# Meshari A Alzahrani CV

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## **Meshari Ahmed Alzahrani**

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Web of Science ResearcherID: AAW-3948-2020

Scopus Author ID: 57223016179

SciProfiles: 1140482

### **Personal:**

- Birth date: 24/12/1989
- Place of birth: Al-Baha City, Kingdom of Saudi Arabia
- Address: Riyadh City, Al Qirawan district

### **Educational Attainments:**

#### **Majmaah University – College of Medicine – Urology Department**

- Assistant Professor of Urology (06/4/2022 – until present)

#### **Andrology and Male Infertility Double Fellowship**

- Successfully passed Saudi Commission for Health Specialties (SCFHS) fellowship in Andrology & Male Infertility final written exam (5/1/2022) & final clinical exam (14/3/2022)
  - o Certification date: 24/3/2022
- Successfully passed King Saud University fellowship in Andrology & Male Infertility
  - o Certification date: 14/12/2021

#### **Saudi Board in Urology**

- Successfully passed Saudi Board in Urology final written and practical clinical examination – SCFHS
  - o Certification date: 30/11/2019

#### **MBBS degree**

- Degree of Bachelor of Medicine & Surgery (MBBS) - Taif University, Saudi Arabia.
- Graduation date: 29/5/2014

#### **High School:**

- Graduated from Al-Atawilah School, Al-Baha, 2007, The First in Class

### **Current Job:**

- Assistant Professor of Urology
  - o Urology Department, College of Medicine, Majmaah University (06/4/2022 – until present)

- Course coordinator of General surgery module (SURG-II, (8/2/2022– until present)
- Majmaah Journal of Health Sciences (MJHS) - Editorial Board Committee (Member and Managing editor) (September 2022 – until present)
- Vice Deanship for Postgraduate Studies and Scientific Research, College of Medicine, Majmaah University (Scientific Research Committee – Member) (October 2022 – until present)
- Supervisor: Medical Students Research Club - College of Medicine (Medical Students Club), Majmaah University (January 2023 – until present)
- Consultant Urology, Andrology & Male Infertility
  - SCFHS Professional Classification and Registration Record: Consultant-Urology/Andrology and Male Infertility (03/07/2022– until present)
- Saudi Society of Men's Health (SSMH) – Scientific committee (October 2022 – until present)

### **Courses I Teach in the College of Medicine, Majmaah University:**

- SURG 410 (General Surgery and Anesthesia 1)
- SURG 511 (General Surgery and Anesthesia 2)
- ACUTE 310 (Emergency Medicine and Intensive Care 1)
- ACUTE 511 (Emergency Medicine and Intensive Care 2)
- FMED-511 (Family Medicine 2)
- Basic Sciences Module (Genitourinary Clinical Skill)

### **Experience:**

- Scientific publication committee for faculty promotion (28 Feb 2023), College of Medicine, Majmaah University.
- General surgery module coordinator (SURG-II), College of Medicine, Majmaah University (28/9/2022 –19/9/2022)
- General surgery module coordinator (SURG-II), College of Medicine, Majmaah University (8/2/2022 – 7/3/2022)
- Consultant Urology, Andrology & Male Infertility (contract collaboration) -
- SCFHS Professional Classification and Registration Record: Senior Registrar-Urology (6/1/2020–05/06/2022)
- Andrology and Male Infertility Fellow, King Saud University, King Saud University Medical City (KSUMC), Riyadh (1/1/2020 – 31/12/2021)
- Andrology and Male Infertility Fellow – SCFHS, Riyadh (1/1/2020 – 31/12/2021)
- Urology Resident, King Abdelaziz Medical City, Ministry of National Guard, Jeddah, Saudi Arabia (1/10/2014 – 31/10/2019)
- Urology Teaching Assistant, Urology Department, College of Medicine, Majmaah University (27/8/2014 to 6/4/2022)
- Saudi Urology Residency Training Program – SCFHS, Saudi Arabia (1/10/2014 – 31/10/2019)
- Head of Scientific Committee of Urology Residency Training Program at the Western region, 2018-2019
- Internship year (1/8/2013 – 31/7/2014)

### **Current society membership:**

- Saudi Urological Association (SUA) – Active Member 2023
- Saudi Society of Men's Health (SSMH) – Member 2023
- International Society for Sexual Medicine (ISSM) – Member 2022
- Saudi Society for Medical Education (SSME) – Member 2022

### **Research activity and production**

## **Journal Editorial Board Committee**

- Majmaah Journal of Health Sciences (MJHS)- Editorial Board Committee (Member and Managing editor) (5/9/2022 – until present)

## **An active reviewer at ISI expanded citation journals.**

- Volunteer Reviewer Board - Medicina MDPI journal (Q2)
  - (1/6/2022 until present)
  - Impact factor (2021): 2.948
  - Publisher: MDPI , ST ALBAN-ANLAGE 66, BASEL, SWITZERLAND, CH-4052 ISSN / eISSN: 1010-660X / 1648-9144
  - Indexing:
    - PubMed/Medline
    - Scopus
    - Web of Science Core Collection: Emerging Sources Citation Index
- Reviewer board: Food & Function - Royal Society of Chemistry journals (Q1)
  - (12/8/2022 until present)
  - Impact factor (2021): 5.903
  - Publisher: ROYAL SOC CHEMISTRY, THOMAS GRAHAM HOUSE, SCIENCE PARK, MILTON RD, CAMBRIDGE, ENGLAND, CB4 0WF ISSN / eISSN: 2042-6496 / 2042-650X
  - Indexing:
    - PubMed/Medline
    - Scopus
    - Web of Science Core Collection: Emerging Sources Citation Index

## **Published Research (Journal):**

### **Publication year (2023)**

#### **Is There a Relationship Between Waking Up from Sleep and the Onset of Testicular Torsion?**

- Author
- Research and Reports in Urology (Q3)
- Impact factor (2022): 1.641
- ISSN: 2253-2447
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.2147/RRU.S404073
- PMID: 36855423
- Narrative Review

#### **A Narrative Review of the Toxic Effects on Male Reproductive and Sexual Health of Chewing the Psychostimulant, Catha edulis (Khat)**

- Author

- Medical Science Monitor (Q1)
- Impact factor (2021): 3.386
- ISSN / eISSN: 1643-3750
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.12659/MSM.939455
- Narrative Review (Epidemiology)

#### **Publication year (2022)**

##### **Recreational Use of Oral Erectile Dysfunction Medications among Male Physicians – A cross-sectional study**

- Co-Author
- Urology Annals (Q3)
- Impact factor (2021): 0.93
- ISSN / eISSN: 0974-7796 / 0974-7834
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.4103/ua.ua\_33\_22
- Original Article

##### **Treatment of Chronic Prostatitis with Phosphodiesterase Type 5 Inhibitors: A Systematic Review and Meta-Analysis**

- Author
- Indian Journal of Pharmaceutical Sciences (Q3)
- Impact factor (2020): 0.97
- ISSN / eISSN: 0250-474X / 1998-3743
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.36468/pharmaceutical-sciences.spl.573
- Systematic Review and Meta-Analysis

##### **Pulsed Radiofrequency Ablation for Orchialgia—A Literature Review**

- Author
- MDPI Diagnostics (Q2)
- Impact factor (2021): 3.992
- ISSN: 2075-4418
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.3390/diagnostics12122965
- PMID: 36552972
- Original Article

**Effect of COVID-19-Induced Stress among Males on the Partner Relationship and Sexual Activity during COVID-19 Pandemic: A Cross-Sectional Study**

- Author
- MDPI Healthcare (Q2)
- Impact factor (2021): 3.16
- ISSN: 2227-9032
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.3390/healthcare10091663>
- PMID: 36141275
- Original Article

**Dietary protein intake and prostate cancer risk in adults: a systematic review and dose-response meta-analysis of prospective cohort studies**

- Author
- Complementary Therapies in Medicine (Q2)
- Impact factor (2021): 3.335
- ISSN / eISSN: 0965-2299 / 1873-6963
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1016/j.ctim.2022.102851>
- PMID: 35820576
- Systematic Review and Meta-Analysis

**Impact of COVID-19 pandemic on quality of partner relationship and sexual activity among COVID positive males: a cross-sectional study**

- Author
- European Review for Medical and Pharmacological Sciences (Q2)
- Impact factor (2021): 3.784
- ISSN / eISSN: 1128-3602
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.26355/eurrev\_202206\_29082
- PMID: 35776044
- Original Article

**Publication year (2021)**

**Urinary incontinence among Saudi women prevalence, risk factors, and impact on quality of life**

- Co-Author
- European Review for Medical and Pharmacological Sciences (Q2)
- Impact factor (2021): 3.784
- ISSN / eISSN: 1128-3602
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded

- DOI: 10.26355/eurrev\_202110\_27001
- PMID: 34730211
- Original Article

**A multi-centric study on validation of the Fear Scale for COVID-19 in five Arabic speaking countries**

- Co-Author
- Brain and Behavior (Q2)
- Impact factor (2021): 3.405
- ISSN / eISSN: 2162-3279
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1002/brb3.2375>
- PMID: 34661971
- Original Article

**SARS-CoV-2 infection and venous thromboembolism after surgery: an international prospective cohort study**

- Co-authors - Local Collaborators - COVIDSurg Collaborative and GlobalSurg Collaborative
- Anaesthesia - Journal of the Association of Anaesthetists (Q1)
- Impact factor (2021): 12.893
- ISSN / eISSN: 0003-2409 / 1365-2044
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1111/anae.15563>
- PMID: 34428858
- Original Article

**Effects of pre-operative isolation on postoperative pulmonary complications after elective surgery: an international prospective cohort study**

- Co-authors - Local Collaborators - COVIDSurg Collaborative and GlobalSurg Collaborative
- Anaesthesia - Journal of the Association of Anaesthetists (Q1)
- Impact factor (2021): 12.893
- ISSN / eISSN: 0003-2409 / 1365-2044
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1111/anae.15560>
- PMID: 34371522
- Original Article

**Association of indoor air pollution on cognitive dysfunction among elderly**

- Co-Author
- European Review for Medical and Pharmacological Sciences (Q2)
- Impact factor (2021): 3.784
- ISSN / eISSN: 1128-3602
- Indexing:
  - o PubMed/Medline

- Scopus
- Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.26355/eurrev\_202109\_26785
- PMID: 34604958
- Systematic Review and Meta-analysis

### **Latest trends in medical education during COVID pandemic: a cross sectional study**

- Co-Author
- Academic Journal of Health Sciences - Medicina Balear
- ISSN / eISSN: 1579-5853 / 2255-0569
- Indexing:
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.3306/AJHS.2021.36.04.56
- Original Article

### **Survey of Saudi urology program directors: What do you look for in a candidate?**

- Co-Author
- Urology Annals (Q3)
- Impact factor (2021): 0.93
- ISSN / eISSN: 0974-7796 / 0974-7834
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.4103/UA.UA\_146\_20
- PMID: 34421264
- PMCID: PMC8343289
- Original Article

### **Impact of COVID-19 pandemic on urology residency training**

- Co-Author
- Urology Annals (Q3)
- Impact factor (2021): 0.93
- ISSN / eISSN: 0974-7796 / 0974-7834
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.4103/UA.UA\_102\_20
- PMID: 34421254
- PMCID: PMC8343279
- Original Article

### **International survey for assessing COVID-19's impact on fear and health: study protocol**

- Co-author - Local Collaborator
- BMJ Open (Q1)
- Impact factor (2021): 2.692
- ISSN / eISSN: 2044-6055
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Science Citation Index Expanded
- DOI: 10.1136/bmjopen-2021-048720

- PMID: 33980534
- PMCID: PMC8117470
- Protocol

**Impact of COVID-19 on Urology Practice in Saudi Arabia**

- Author
- Risk Management and Healthcare Policy (Q2)
- Impact factor (2021): 2.853
- ISSN / eISSN: 1179-1594
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: [10.2147/RMHP.S277135](https://doi.org/10.2147/RMHP.S277135)
- PMID: 33854387
- PMCID: PMC8039194
- Perspectives

**SARS-CoV-2 vaccination modelling for safe surgery to save lives: data from an international prospective cohort study**

- Co-authors - Local Collaborators - COVIDSurg Collaborative and GlobalSurg Collaborative
- British Journal of Surgery (Q1)
- Impact factor (2021): 6.939
- ISSN / eISSN: 0007-1323 / 1365-2168
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1093/bjs/znab101>
- PMID: 33761533
- PMCID: PMC7995808
- Original Article

**Timing of surgery following SARS-CoV-2 infection: an international prospective cohort study**

- Co-authors - Local Collaborators - COVIDSurg Collaborative and GlobalSurg Collaborative
- Anaesthesia - Journal of the Association of Anaesthetists (Q1)
- Impact factor (2021): 12.893
- ISSN / eISSN: 0003-2409 / 1365-2044
- Indexing:
  - o PubMed/Medline
  - o Scopus
  - o Web of Science Core Collection: Science Citation Index Expanded
- DOI: <https://doi.org/10.1111/anae.15458>
- PMID: 33690889
- PMCID: PMC8206995
- Original Article

**“Tele-Urology”: is the COVID-19 Pandemic a Wake-up Call?**

- Co-Author
- Urology Annals (Q3)
- Impact factor (2021): 0.93
- ISSN / eISSN: 0974-7796 / 0974-7834
- Indexing:



- PubMed/Medline
- Scopus
- Web of Science Core Collection: Emerging Sources Citation Index
- DOI: 10.4103/UA.UA\_133\_20
- PMID: 34194131
- PMCID: PMC8210714
- Original Article

**Publication year (2020)**

**Assessment of burnout among urology residents in KSA: A cross-sectional study**

- Co-Author
- Journal of Taibah University Medical Sciences (Q3)
- Impact factor (2021): 2.40
- ISSN / eISSN: 1658-3612
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI <https://doi.org/10.1016/j.jtumed.2020.10.014>
- PMID: 33603629
- PMCID: PMC7858011
- Original research

**Study habits of urology residents in Saudi Arabia: Identifying defects and areas for curricular development – a trainee-based survey.**

- Co-Author
- Advances in medical education and practice (Q2)
- Impact factor (2021): 1.33
- ISSN / eISSN: 1179-7258
- Indexing:
  - PubMed/Medline
  - Scopus
  - Web of Science Core Collection: Emerging Sources Citation Index
- DOI <https://doi.org/10.2147/AMEP.S269059>
- PMCID: PMC7547132
- PMID: 33117040
- Original research

**Published Research (conferences/ symposium/forum):**

Presented as Oral Presentation & Poster, Research title:

- The 34th Saudi Urological Association (SUA) Conference (15- 17 February 2023), Riyadh, Saudi Arabia
  1. **Current status of smoking among men with male infertility in Saudi Arabia: A Retrospective Narrative Mini-Review. (Author)**
  2. **Azoospermia in Saudi Arabia: A Narrative Review. (Author)**
  3. **Potential toxicity impact of Khat (Catha Edulis) consumption on male reproductive and sexual health: A literature review. (Author)**
  4. **Is Arabic information on YouTube about erectile dysfunction based on scientific evidence? (Author)**

5. **Conservative therapy as an alternative approach in the era of explant infected penile implant: A report of two cases. (Co-Author)**
- Medical Research Week 2022, College of Medicine, Jazan University (13-14 Nov 2022)
  1. **Prevalence of Azoospermia in Saudi Arabia: A Narrative Review. (Author)**
- The 33<sup>rd</sup> Saudi Urological Association (SUA) Conference (24-27 May 2022), Khobar, Saudi Arabia
  1. **Dietary protein intake and prostate cancer risk in adults: a systematic review and dose-response meta-analysis of prospective cohort studies. (Author)**
  2. **Impact of COVID-19 Pandemic on quality of partner relationship and sexual activity among COVID-positive males: A cross-sectional study. (Author)**
  3. **Effect of COVID-19 Induced Stress Among Males on The Partner Relationship and Sexual Activity During Covid-19 Pandemic: A Cross-Sectional Study. (Author)**
  4. **Women as Urologists in Saudi Arabia: Career Choice and Practice Challenges. (Author)**
  5. **Assessment of the effect of rheumatological diseases on sexual function among male patients: A comparative study. (Co-author)**
  6. **Assessment of the effect of rheumatological diseases on the voiding function among male patients: A comparative study. (Co-author)**
  7. **Assessment of the effect of rheumatological diseases on sexual function among female patients. (Co-author)**
  8. **Recreational Use of Oral Erectile Dysfunction Medications Among Male Physicians – A Cross-Sectional Study. (Co-author)**
- The 8<sup>th</sup> annual Saudi Society for Rheumatology Conference (SSRC) (9-12/3/2022)
  1. **Assessment of the effect of rheumatological diseases on sexual function among male patients: A comparative study. (Co-author)**
  2. **Assessment of the effect of rheumatological diseases on the voiding function among male patients: A comparative study. (Co-author)**
  3. **Assessment of the effect of rheumatological diseases on the voiding function among female patients. (Co-author)**
  4. **Assessment of the effect of rheumatological diseases on sexual function among female patients. (Co-author)**
- The 3<sup>rd</sup> Annual Research forum - 18/2/2021 - College of Medicine - King Saud bin Abdulaziz University for Health Sciences-Jeddah, Saudi Arabia.
  1. **Perception, Attitude, and knowledge of Undergraduate and Pre-clinical Year Students on Urology Curriculum Delivered by Medical Schools in Saudi Arabia**
- The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 28/4/2014 -1/5 2014
- The Second Students Scientific Research Forum (SSRF), Medical Research Club, Umm Al Qura University, Medical College, Makkah 1-3/6/2014
- The Saudi International Medical Education Conference (SIMEC 2014), College of Medicine at Qassim University, 24-27 /11/ 2014
  1. **Medical Students' Preference of Resource Material and Academic Performance: A Correlational Study at Taif University**

**Presented as Oral Presentation in Virtual Symposium, Research title:**

- The participation of Majmaah University in the scientific publication of the emerging coronavirus (COVID-19) research – Virtual symposium – 29/9/2020 Deanship of scientific research - Majmaah University

1. **CARE: an international survey assessing COVID-19's impact on fear and health**
2. **Impact of Coronavirus outbreak (COVID-19) on the changing educational patterns of medical students in Saudi Arabia- A Cross-Sectional Study.**

**Contributions to the peer review process for scientific journals**

1. Perception and Attitude of General Population of Saudi Arabia Towards Texting While Driving (Majmaah Journal of Health Sciences) – (February 28, 2023)
2. A Chinese case-control study and meta-analysis of the hOGG1 rs1052133 polymorphism and prostate cancer risk (Medical Science Monitor) – (August 20, 2022)
3. Higher insoluble fiber intake is associated with lower risk of prostate cancer: results from the PLCO cohort (Food & Function-Royal Society of Chemistry journal) – (August 16, 2022)
4. Ischemic priapism during severe SARS-CoV2 infection: a case report and literature review – Research and Reports in Urology (Dove Medical Press) – (May 9, 2022)
5. The Saudi experience in adopting, implementing, and evaluating progress testing in medical schools– Journal of Taibah University Medical Sciences (Elsevier) – (April 9, 2022)
6. Reading Habits of Medical Practitioners: Young Pakistani Doctors, a Case Study– Journal of Taibah University Medical Sciences (Elsevier) – (March 13, 2022)
7. Nail gun penetrating renal injury: A case report – Cureus Journal of Medical Science – (December 3, 2021)
8. Simulating Tele Medicine by The Utilization of Tele-Standardized Patient– Journal of Taibah University Medical Sciences (Elsevier) – (Nov 26, 2021)
9. A Curious Case of Rectal Ejaculation – Cureus Journal of Medical Science – (August 15, 2021)
10. Non-Operative Management of Iatrogenic Bladder Injury Following a Cesarean Section: A Case Report – Cureus Journal of Medical Science –(January 24, 2021)
11. Open Partial Cystectomy of Intramural Bladder Leiomyoma with Unfavorable Position: a Rare Case Report – Cureus Journal of Medical Science – (December 05, 2020)
12. The Impact of COVID-19 Pandemic on Undergraduate Medical Teaching: An Experience of Saudi Arabia Medical Colleges – Journal of Taibah University Medical Sciences (Elsevier) – (November 2020)
13. Sloughing Prostatic tissue, a rare complication post-Rezum therapy: a case report – Cureus Journal of Medical Science – (Nov 17, 2020)
14. Study Habits in Saudi Psychiatry Residents – Journal of Taibah University Medical Sciences (Elsevier) – (October 2020)

**Research Award:**

**Appreciation award for participation as Abstract presenter** in the 33<sup>rd</sup> Saudi Urological Association (SUA) Conference (24-27 May 2022), Khobar, Saudi Arabia.

**Best supervisor for a medical student research project** - Majmaah University (14/2/2022).

**Recognized reviewer Award and Acknowledgment**

- (**Elsevier**) for contributions to the peer review process (9 reviews since August 2020) in recognition of the reviewing contributed to the *Journal of Taibah University Medical Sciences*.
- (**Cureus**) for contributions to the peer review process (4 reviews since November 2020) in recognition of the review contributed to the *Cureus Journal of Medical Science*.
- (**Dove Medical Press**) for contributions to the peer review process (1 review since May 2022) in recognition of the review contributed to the *Research and Reports in Urology* journal.

**Guinness World Record for the world's largest scientific collaboration with 15,025 collaborating authors (Most authors on a single peer-reviewed academic paper) achieved by the COVIDSurg**

and GlobalSurg Collaboratives at the University of Birmingham and the University of Edinburgh in the UK, as verified on 24 March 2021.

<https://www.guinnessworldrecords.com/world-records/653537-most-authors-on-a-single-peer-reviewed-academic-paper>

Awards for research title: **Male Medical Students' Preference of Resource Material and Academic Performance: A Correlational Study at Taif University**

- Sheikh Mohammed Bin Suhaim Award for Scientific Excellence, 19/6/2014
- First Place & Best Oral and Poster Presentation in The Second Students Scientific Research Forum (SSRF), Medical Research Club, Umm Al Qura University, Medical College, Makkah 1-3/6/2014
- Best research prize in The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 28/4/2014 -1/5 2014
- First Place & Best Oral and Poster Presentation, college of medicine, Taif university

#### **Academic Achievement:**

##### **Awards/ Honors:**

- **Active Trainee badge:** Active trainees in the SCFHS eLearning Platform – 9/12/2020
- **Best Resident Award:** Saudi Urology Residency Training Program at Western Region, Saudi Arabia, 2017-2018
- **Resident of The Year Award 2015**, King Abdulaziz Medical City, National Guard Health Affairs, Jeddah, Saudi Arabia
- **Ideal Student Award in Taif University** – 27/6/2010
- **Officially Amazing the Guinness World Record**, The Most Blood Glucose Level Tests in 8 hours by 9736 Glucose tests in 13 locations in Taif city, 13-2-2013
- **Sheikh Mohammed Bin Suhaim Award for scientific excellence**, 19/6/2014
- **Prize Winner First Place Best Oral Presentation & Best Research** in The Second Students Scientific Research Forum (SSRF), Medical Research Club, Umm Al Qura University, Medical College, Makkah 3/6/2014
- **Prize Winner for the Best Research** in The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 28/4/2014 -1/5 2014
- **Prize Winner for the Best Project in Social Service** (Awareness Campaign About Diseases of Hajj Season) in The Fourth Scientific Conference for Students of Higher Education in Saudi Arabia, Makkah 29/4/2013 - 2/5/2013
- Prize Winner from Taif University on the occasion of winning in The Fourth Scientific Conference for Students of Higher Education in Saudi Arabia Makkah 19-22/6/1434
- First and Second place, respectively, for the Best Research at the College of Medicine in Taif University 5/12/2013

#### **Speaker at Conference**

- Updates, Guidelines & Approach to the Management of Chronic Diseases (Approach to microscopic Hematuria) - Virtual Conference on 11th – 18th December 2022
- Updates, Guidelines & Approach to the Management of Chronic Diseases (Approach to lower urinary tract symptoms) - Virtual Conference on 11th – 18th December 2022

#### **Organizer/ Instructor/ Moderator at training courses:**

- Medical permission and jurisprudence issues in urology – Saudi Society of Men's Health Club Meeting (20 Mar 2023), Le Meridian Hotel- Riyadh, Saudi Arabia

- Lifestyle and its impact on sexual function – Saudi Society of Men’s Health Club Meeting (13 Feb 2023), Le Meridian Hotel- Riyadh, Saudi Arabia
- 1<sup>st</sup> Nurses Best Practice Penile Prosthesis Workshop (18 Nov 2022) – King Saud University, Saudi Society of Men's Health. Riyadh, Saudi Arabia.
- 1<sup>st</sup> Surgical Suture Skills Workshop (28/3/2022) – College of Medicine – Majmaah University
- 2<sup>nd</sup> Surgical Suture Skills Workshop (29/3/2022) – College of Medicine – Majmaah University
- The Medical specialty Forum (13/2/2022) – College of Medicine – Majmaah University
- 1<sup>st</sup> Penile Prosthesis Mentorship Program (24/25/10/2021) – Saudi Society of Men's Health – King Saud University Medical City – Riyadh, Saudi Arabia

### **Speaker at training courses/ conferences:**

- Approach to difficult urethral catheterization – (18 Mar 2023) – Learning Curve online courses.
- Medical permission and jurisprudence issues in urology – Saudi Society of Men’s Health Club Meeting (20 Mar 2023), Le Meridian Hotel- Riyadh, Saudi Arabia
- Abstract Presenter Certificate, The 34th Saudi Urological Association (SUA) Conference (24 CME) (15- 17 February 2023), Riyadh, Saudi Arabia.
- 1<sup>st</sup> Nurses Best Practice Penile Prosthesis Workshop (18 Nov 2022) – King Saud University, Saudi Society of Men's Health. Riyadh, Saudi Arabia.
- Spotlight on Urology series course (Review of lower urinary tract symptoms) (21/10/2022) – Learning Curve online courses.
- MEGA course – Surgical review course for Saudi Medical License Examination (7-13/8/2022) – Learning Curve online courses.
- Spotlight on Urology series course (Approach to hematuria) (18-19/7/2022) – Learning Curve online courses.
- Spotlight on Urology series course (Approach to the acute scrotum) (18-19/7/2022) – Learning Curve online courses.
- Spotlight on Urology series course (Approach to difficult urethral catheterization) (18-19/7/2022) – Learning Curve online courses.

### **Certificate of Attendance Course, Workshop, and Training:**

- Basic Life Support Provider (BLS), Saudi Heart Association 1/1/2023
- Nurses Best Practice Penile Prosthesis Workshop, Saudi Men’s Health Society, 18 Nov 2022, (6h CME)
- Infectious diseases (20 CME), 13 Jun 2022
- Quality in Healthcare, (30 CME), 08 Jun 2022
- Training of Trainers ToT in healthcare, (10 CME), 05 Jun 2022
- Medical: Writing Medical Case Reports; Step by Step - Healthcare Career Pathways Conference (HCPC) online workshop 21/9/2021
- Approach to Infertility Virtual Medical Academy – Online course – 3 hours CME/PD, SCFHS accredit number (CAC-20210001750) – (5/9/2021)
- The National Committee of Bioethics (NCBE) web-based training course – 26/10/2020
- Basic Life Support Provider (BLS), Saudi Heart Association 21/10/2020
- PSA Screening review and update, 6 hours CME/PD, 2/10/2020
- COVID-19 scientific research symposium, 29/9/2020, Deanship of scientific research, Majmaah University
- ASCO Highlights 2020 (from Annual ASCO and GU ASCO) – Virtual Scientific Program, 28 hours CME/PD (12-14 August 2020), Jeddah, Saudi Arabia
- Is Tamsulosin Effective for The Passage of Symptomatic Ureteral Stones, Online course, 3/8/2020 – 3 hours CME, (AMMC-TR2-LS-319-2020)
- Medicolegal Litigations with Case Studies in Urology, 2 hours CME/PD, 2/10/2020

## Meshari A Alzahrani CV

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- Research Course for Beginners – Virtual Medical Academy – Online course – 6 hours CME/PD, SCFHS accredit number (19000060948) – (4/1/2020)
- The 2<sup>nd</sup> International Male Penile Prosthetic Implant (Penile Prosthesis Master class), (8 CME hours) College of Medicine, King Saud University Medical City, 14 December 2019, Riyadh, Saudi Arabia
- The 2<sup>nd</sup> International Male Penile Prosthetic Implant (Penile Prosthesis Cadavers Workshop), (8 CME hours) College of Medicine, King Saud University Medical City, 15 December 2019, Riyadh, Saudi Arabia
- Microsurgery in Infertility Course (4h CME hours), 21/2/2019, King Faisal Specialist Hospital and Research Centre, Riyadh, Saudi Arabia
- Jeddah's International Endourology Course (15 CME hours), King Fahad Hospital -Jeddah 15-16/1/2019
- Basic Life Support Provider (BLS), Saudi Heart Association 22/3/2018
- The advanced course in Urodynamic, Bristol Urological Institute, Amman –Jordan 21-22/10/2016
- Right care right now, infection prevention & control – King Abdulaziz Medical City – Jeddah – 31/5/2016
- Postgraduate Medical Education, Residents Orientation Week 12-16/9/2014, basic medication safety course
- The Second Students Scientific Research Forum (SSRF), Medical Research Club, Umm Al Qura University, Medical College, Makkah 1-3/6/2014
- The 26<sup>th</sup> Saudi Urology Conference: Pediatric Urology update Course (4h CME), Al-Madinah Al-Munawara- Saudi Arabia 17/2/2014
- The Academic and Training Affairs Research Methodology Course – 11-22/5/2013 – Taif University, Medical College, Taif
- The Academic and Training Affairs: Basic ECG and Arrhythmia (10h CME) –29-30/1/2013 – Taif University, Medical College, Taif
- Medical Research Club: Research Proposal Course 17/4/2012 – King Abdullah Medical City, Makkah
- The Fifth Medical Career Day Conference: Research Workshop –26-28/3/2012 – Umm Al Qura University, Medical College, Makkah
- Up To Date demonstration and skills training – 1/10/2012, Taif University, Medical College, Taif
- Saudi Society of Internal Medicine: Research Methodology and Scientific Writing (7h CME), 14/10/2012 – King Abdulaziz University Hospital, Jeddah
- Basics of Diabetic foot Care Course, 18/10/2012 – International Medical Center, Jeddah
- Saudi Heart Association: Cardiopulmonary Resuscitation (BLS provider) 1/12/2012 – Armed Forces Hospitals Administration in Taif Region, Department of Academic Affairs and Training, Taif
- Scientific Program (Barakahs) for Child Health Program, Health Awareness Club 18/5/2011, Taif University
- Students Seminar Day: Active Participation in Community Eye Care Activity 18/1/2010 – Taif University, Medical College
- Elective Month at the end of 6<sup>th</sup> year in medical college (curriculum requirement): 2 weeks Research Methodology Course and two weeks Urology at Al Hada Military Hospital – Taif city.

### **Certificate of Attendance Conferences:**

- The 34th Saudi Urological Association (SUA) Conference (24 CME) (15- 17 February 2023), Riyadh, Saudi Arabia.
- Updates Guidelines Approach to the Management of Chronic Diseases, Virtual conference by TheChapter, 11-18 Dec. 2022 (30 CME), Saudi Arabia.



- Healthcare Career Pathways Conference (HCPC), Virtual conference by SCFH, 17-18/9/2021, (16h CME), Saudi Arabia
- Riyadh Global Medical Biotechnology Summit – RGMBS 2021, Virtual conference, (16h CME), 14-16/9/2021, Saudi Arabia
- Diabetes and Obesity Conference 2021. Virtual conference by The Saudi Society of Endocrinology and Metabolism (SSEM), (16h CME), 2-4/9/2021, Saudi Arabia.
- The 32<sup>nd</sup> Saudi Urological Association Annual Meeting (30h CME), 26-29/2/2020, Jeddah, Saudi Arabia
- The 31<sup>st</sup> Saudi Urological Association Annual Meeting (30h CME), 21-23/2/2019, King Faisal Specialist Hospital and Research Centre, Riyadh, Saudi Arabia
- AUA/ Saudi Urological Association: Best of AUA 2018 Annual Meeting (30h CME), 25-27/10/2018 – Intercontinental Hotel, Jeddah
- AUA/ Saudi Urological Association: Best of AUA 2017 Annual Meeting (30h CME), 26-28/10/2017, King Faisal Specialist Hospital and Research Centre- Riyadh, Saudi Arabia.
- Specker- Health Professional Conference, (21h CME), 23-25 /4/2017, King Saud bin Abdulaziz University for Health Sciences – Jeddah.
- 29<sup>th</sup> Annual Conference for Saudi Urological Association (25h CME), 2-4/3/2017, Fairmont Hotel, Makkah, Saudi Arabia
- 28<sup>th</sup> Annual Conference for Saudi Urological Association, (20h CME), 3-6/2/2016, Jeddah-King Abdulaziz University, Saudi Arabia.
- The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 28/4/2014 -1/5 2014
- The 26<sup>th</sup> Saudi Urology Conference (20h CME), Al-Madinah Al-Munawara- Saudi Arabia 17-20 February 2014.
- The Fourth Scientific Conference for Students of Higher Education in K.S.A, Umm Al-Qura University, Makkah, 29/4/2013 - 2/5/2013
- The 7<sup>th</sup> Taif Digestive Disease and Surgery Conference (Taif 7DDSC), (30h CME) in Taif, King Faisal Hospital, Taif city, March 11-14/2013.
- Youth Muslims Planning their Career Conference – Turkey, Istanbul, July 9-16/2012
- The 5<sup>th</sup> Medical Career Day Conference, Umm Al Qura University, Medical College, Makkah, March 26-28/2012.

### **Certificate of Organizing Conferences:**

- The Seventh Taif Digestive Disease and Surgery Conference (Taif 7DDSC) 11-14/3/2013 - King Faisal Hospital, Taif

### **Organizing Campaigns / Volunteer Work:**

#### **Ministry of Transport – Riyadh**

- International men's health day (19/11/2020)

#### **King Abdulaziz Medical City -NGHA -Jeddah**

- Spina Bifida awareness day (you are not alone) 30/5/2016.

#### **Health Awareness Club, Taif University:**

- Health Awareness Campaigns about Diabetes Mellitus (Dam'mak Asal) – 12-14/2/2013
  - *Officially Amazing the Guinness World Record: The Most Blood Glucose Level Tests in 8 hours by 9736 Glucose tests in 13 locations in Taif city, 13-2-2013*

#### **Taif Medical Students Club, Taif University:**

- Traffic Week Campaign – 11/3/2013
- Zero AIDS Symposium – 11/12/2012
- Health Awareness Campaigns About Blood Donation – 8-10/10/2012
- Health Awareness Campaigns About Hajj Season Diseases – 17-18/10/2012
- Kids Without AIDS – 16-20/2/2012

**Certificates of Participation, Appreciation & Achievement:**

**Majmaah University**

- Certificate of Appreciation from the dean of the College of Medicine – Majmaah University for participation as a course instructor for the Surgical Suture Skill Workshop (28-29/3/2022)
- Certificate of Achievement from the surgery department – King Saud University in honor of outstanding academic performance and completion of (fellowship in Andrology and Male Infertility Surgery) awarded on 23/3/2022
- Certificate of Appreciation from the deanship of educational affairs for best supervisor for a medical student research project - Majmaah University (14/2/2022).
- Certificate of Appreciation from College of Medicine, Medical student club for participation in The Medical specialty Forum – Majmaah (13/2/2022)

**Saudi Society of Men's Health – King Saud University**

- Certificate of Appreciation from the Saudi Society of Men's Health for participation in international men's health day held at the Ministry of Transport – Riyadh (19/11/2020)

**Ministry of National Guard - Health Affairs- western region**

- Certificate of Appreciation from the Head Department of surgery for participation in the Emergency Department during a situation of heavy rain in Jeddah city on 17/11/2015

**Sydney University:**

- Certificate of Participation in Research entitled " Anonymous Survey About Influenza and Pneumococcal Vaccination and use of Face Mask Among Australian Pilgrims at 2012 Hajj" 24-28/10/2012 from Sydney University, Sydney Medical School.

**Taif University:**

- Certificate of Appreciation from Taif University for Participation at The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 4/6/2014
- Certificate of Appreciation from Taif University for participating and Organize in Health Awareness Program About Diabetes Mellitus (Dam'mak Asal) and Breaking the World Record of (Guinness World Record) for The Most Blood Glucose Level Tests within 8 hours in Multiple Venues by, 9736 Glucose tests in 13 locations in Taif city – 12-14/2/2013
- Certificate of Appreciation and Acknowledgment from Taif University for Nominate for The Fourth Scientific Conference for Students of Higher Education in Saudi Arabia Makkah 29/4/2013-2/5/2013
- Certificate of Appreciation and Acknowledgment from Taif Medical College for Participation in the 4<sup>th</sup> Scientific Conference for Students of Higher Education in Saudi Arabia Makkah 19-22/6/1434
- Certificate of Appreciation and Acknowledgment for Foundation of Taif Medical Students Club – 2012-2013
- Certificate of Appreciation and Acknowledgment for taking responsibility for leadership and Supervision of the organization of Taif Medical Students Club activities – 2012-2013



- Certificate of Appreciation and Acknowledgment from Taif University for Participation in the 6<sup>th</sup> Volunteering Health Program (Diabetic Foot Care) in Hajj Season 24-29/10/2012, Makkah
- Certificate of Appreciation for Participate in Kids Without AIDS Campaigns in Taif – 16-20/2/2012
- Certificate of Appreciation & Acknowledgment from Taif University for contribution to the success of the Dean of Student Affairs Activates for the year 2011-2012

### **Others:**

- Certificate of Appreciation and Acknowledgment in Conduction Toward Edhaaha's Blog Article Best Writing for April 2013
- Certificate of Appreciation and Acknowledgment from the General Directorate of Civil Defense for participating in Serving pilgrims in Hajj season 24-29/10/2012, Makkah.
- Certificate of Appreciation and Acknowledgment from King Saud University for participation in the success of the programs and activities of student committees 2011-2012

### **Examiner**

#### **Majmaah University- College of Medicine**

- OSCE/OSPE exam – SURG I module - 5th-year medical student (26/1/2023)
- OSCE exam – SURG II module - 6th-year medical student (19/9/2022)
- OSCE exam – SURG I module - 5th-year medical student (4/1/2022)
- OSCE exam – SURG II module - 6th-year medical student (7/3/2022)
- OSCE exam – Family Medicine Module - 5th-year medical student (30/3/2022)

#### **King Saud University - College of Medicine**

- OSCE exam – Surgery module - 6th-year medical student (14/12/2021)

### **Scientific Presentation:**

#### **Majmaah University - College of Medicine**

- Urinary catheterization – Basic Sciences Module – skill lab (12/1/2023)
- Approach to dysuria – Family Medicine Module - case discussion (5/2/2023)
- Approach to erectile dysfunction - Family Medicine Module – seminar (5/2/2023)
- Anatomy & Physiology of Urogenital System. Benign Conditions - SURG 410 Module – lecture (5/1/2023)
- Obstructive Uropathy and Non-traumatic Urological Emergencies - SURG 410 Module - lecture (5/1/2023)
- Anatomy & Physiology of Urogenital System. Benign Conditions - SURG 410 Module – lecture (8/1/2023)
- Obstructive Uropathy and Non-traumatic Urological Emergencies - SURG 410 Module – lecture (8/1/2023)
- Approach to flank pain - SURG 410 Module – clinical session (5/12/2022)
- Approach to flank pain - SURG 410 Module – clinical session (2/12/2022)
- Digital rectal exam – Family Medicine Module – skill lab (25/9/2022)
- Suprapubic catheterization – SURG 511 Module – skill lab (12/9/2022)
- Approach to hematuria – clinical session- SURG 511 Module – (5/9/2022)
- Real Scenario Based Discussion ER & ICU– SURG 511 Module – (5/9/2022)
- Diseases of the Testis & Scrotum – SURG 511 Module – lecture (31/8/2022)
- Urinary symptoms & interpretation of investigations – SURG 511 Module – case discussion - (31/8/2022)
- Genitourinary emergencies – ER & ICU 1 Module – seminar (11/4/2022)

- Why urology? - Medical Specialty Forum (13/2/2022)
- Disease of the testis and scrotum – SURG 511 Module - lecture (13/2/2022)
- Urinary symptoms & interpretation of investigations – SURG 511 Module – case discussion – (13/2/2022)
- Digital rectal exam – Family Medicine Module – skill lab (15/2/2022)
- Approach to hematuria – SURG 511 Module – clinical session (16/2/2022)
- Suprapubic catheterization – SURG 511 Module – skill lab (27/2/2022)
- Approach to hematuria – SURG 511 Module – clinical session (1/3/2022)
- Digital rectal exam – Basic sciences Module – skill lab (25/9/2022)

### **Saudi Society of Men's Health**

Role of operating room team in reducing penile prosthesis surgery complications rate

- 1<sup>st</sup> Nurses Best Practice Penile Prosthesis Workshop (18 Nov 2022) – King Saud University, Saudi Society of Men's Health. Riyadh, Saudi Arabia.

### **Fellowship Training Program:**

- Erectile Dysfunction (ED) AUA/EAU guidelines update, New Therapies and Ongoing Research (Virtual – 30/6/2020)

### **Urology Residency Training Program:**

The Role of Renal Biopsy for Renal Tumors in Pregnancy

- International Medical Center (IMC) Jeddah– 4/9/2018

The rule of interventional radiology in urology

- International Medical Center (IMC) Jeddah – 30/9/2018
- King Abdulla Medical City – Makkah 12/11/2017
- King Fahad General Hospital – Jeddah 5/2/2018

SCFHS (Urology Academic Day)

- Locally advanced prostate cancer 28/4/2019
- Lower urinary tract calculi 20/1/2019
- Urological Endoscopic Instruments 14/1/2018
- Minimal invasive surgery in urology 7/1/2018
- Sexual sexually transmitted diseases 11/1/2015

King Abdulaziz Medical City, Jeddah

- Locally advanced Prostate cancer 28/3/2019
- Priapism 24/3/2019
- Localized Prostate cancer 6/3/2019
- Prostate cancer (introduction and Diagnosis) 27/2/2019
- Update in Th Bosniak classification for renal cystic lesions 23/12/2018
- Renal Cell Carcinoma 9/11/2018
- Testosterone Deficiency, Practical guidelines for diagnosis and treatment: 2018 AUA & EUA Guidelines 14/10/2018
- Inguinoscrotal Swelling in Pediatric 31/1/2017
- Growing teratoma syndrome – A Literature Review and Case Report 17/1/2017
- Making Sense of Urodynamics study 27 /11/2016

## Meshari A Alzahrani CV

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- Approach urological patient: history taking, physical examination, and urine analysis 2/10/2016.
- Normal Development of the Urogenital System, 7/1/2016
- Fluid and Electrolyte Management of the Surgical Patient, 12/11/2015
- Sexually Transmitted Infections (STIs), 11/1/2015
- Molecular Genetics of Cancer Biology, 14 November 2014

### Virtual Medical Academy (VMA)

- Online lecture: Why Urology? , About Local Residency Program, 6 November 2015

### King Abdulaziz University

- Why Urology? Acceptance in Local Program, 28 December 2015

### **Internship:**

Al-Hada Armed Forces Hospital (Urology Department) (Taif):

- Evaluation of the patient with Hematuria, AUA guideline.

Children's Hospital (Taif):

- Urinary Tract Infection in Children

### **King Abdullah Medical City (Makkah)**

- How to plan your internship year

### **Shah organization**

- How to plan your internship year

### **The Second Students Scientific Research Forum (SSRF), Medical Research Club, Umm Al Qura University, Medical College, Makkah 1-3/6/2014**

- Medical Education: Author & Presenter: " Male Medical Students' Preference of Resource Material and Academic Performance: A Correlational Study at Taif University."

### **The Fifth Scientific Conference for Students of Higher Education, Riyadh, Saudi Arabia, 28/4/2014 -1/5 2014**

- Medical Education research: " Male Medical Students' Preference of Resource Material and Academic Performance: A Correlational Study at Taif University."

### **The Fourth Scientific Conference for Students of Higher Education in K.S.A, Umm Al-Qura University**

- Social Service Project (Awareness Campaign About Diseases of Hajj Season), Makkah, 1/5/2013

### **Taif Medical College: Many Scientific Seminars in:**

General Surgery:

- Benign Biliary Tree Disorders – 2013
- Malignant Skin Disorders - 2011

Internal Medicine:

- Approach patient with Edema - 2013
- Approach Patient with Pleural Tuberculosis - 2011
- Malaria - 2011

Obstetrics & Gynecology: Endometriosis - 2012

Pediatric: Congenital Disorders of Renal System in Pediatric - 2011

Orthopedic: Bone Healing - 2011

Family Medicine: Diabetes Mellitus – 2012

Psychiatry: Bipolar disorders, Cyclothymia - 2011

Ophthalmology:

- Glaucoma - 2010
- Keratoconus – 2011

### **General Experience:**

Clinical Research, Leadership, Presentation & Volunteer work

### **Personal Interest (Hobbies):**

Tourism, Camping, Swimming

### **References:**

#### **Saleh Binsaleh**

Professor of Urology, Andrology, and Male Infertility, College of Medicine, King Saud University

Urology Consultant, Urology Department, King Saud University Medical City

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#### **Raed Almannie**

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#### **Abdullah Aljarbou**

Urology Consultant, Urology Department, Andrology and Male Infertility Fellowship training program director – King Saud University Medical City

Email: [dr.aljarbou@gmail.com](mailto:dr.aljarbou@gmail.com)

#### **Mohammed Baghdadi**

Urology consultant, Minimal Invasive Surgery (laparoscopic, robotic surgery), and Andrology

Urology regional program director at King Abdulaziz Medical City, Ministry of National Guard, Health Affairs

Jeddah, Saudi Arabia

Email: [drbagdadi@gmail.com](mailto:drbagdadi@gmail.com)

#### **Abdulmalik Tayib**

Professor Urology

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Urology Department, King Abdulaziz University Hospital

Jeddah, Saudi Arabia

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#### **Raed Azhar**

President of the Saudi Urological Association

MD, MSc, FACS, FRCS

## Meshari A Alzahrani CV

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### **Hesham Saada**

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