

Curriculum vitae

Personal information

Name: Wdad Mnahie alanazy

Nationality: Saudi

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Place and date of birth: Kuwait in 12-1-1981

Place of residence: Riyadh

Social status: married

- REGISTERED GENERAL NURSE (RGN)2006
- REGISTERED MIDWIFE (RM)2007-2010
- Midwife – Antenatal assessment, antenatal care, Intra natal Care, High dependency Unit (Midwifery), neonatal care □
- Charge nurse in labour ward from 2010-2011
- Head nurse and acting clinical director for maternity department from 2011-2013
- Start as a lecturer in nursing department Majmaah university from 2013-2014.
- Scholarship to the U.K from 2014-2020
- Start as Assistance professor in Majmaah University from AUG 2020 till now.

Benefiting from quality experience as a member of cohesive multi-disciplinary teams, from the provision of individually tailored care for the parturient patient in a humanistic environment. Resourceful in achieving collective objectives whilst developing and caring for patients. Ability to Possessing strong listening skills, coupled with the ability to consider, counsel, make decisions, identify needs and solve problems. Now looking forward to progress within a similar position within KSA

QUALIFICATIONS

- 1- Bachelor degree in general nursing 2005 from King Saud University - nursing college- Saudi Arabia.
- 2- Diploma in midwifery 2007 from Prince Sultan medical city in Riyadh
- 3- Master degree (maternity) 2011 from King Saud university
GPA 4.70/5.0.
- 4- Ph.D. In Nursing from Swansea University 2020.

PROFESSIONAL DEVELOPMENT

- 1- first international and workshop of first international Saudi conference for health education and training on 19th 21th of January 2009.
- 2- up to date obstetrics and gynecology-13th-15th of April 2009 .
- 3- obstetric emergency symposium -26-28 may 2009.
- 4- best midwife over three month (may-June-July) 2010 in labor ward at RKH.
- 5- 6th international nursing symposium -12-15 June 2010
- 6- 7th international congress of Saudi society of hematology.
- 7- 11th international advanced medicine symposium
- 8- CPR On 24th Of may 2011.
- 9- midwifery conference (Dubai April 2013)
- 10- Management & leadership in today ward (June 2013)
- 11- Speaker in OBS & GYNEA conference in Prince Sultan Military Medical City from 17-18/September 2013. (Advanced obstetrics and gynecology nursing and midwifery symposium)
- 12- Member of association of Zahra breast cancer
- 13- Published research in May 2013 (Prevalence and Determinants of Excessive Gestational Weight Gain in Saudi Women in Riyadh: a Retrospective Study) IN American Journal of Research Communication- www.usa-journals.com
- 14- Attendance Certificate from the fifth international education conference 'Midwifery Education for the 21st century – innovations in education, regulation and practice' 2016 on 2nd and 3rd December 2016 in London.

15- Attendance certificate from Nursing education and professional development: the global perspective Conference and exhibition hosted by the RCN Education Forum from 21-23 March.

16- attendee in RCN International Nursing Research conference and exhibition April 2017

17- Poster presentation in The 25th European Congress of Obstetrics and Gynecology in conjunction with the 15th Congress of Turkish Society of Obstetrics and Gynecology is organized by European Board & College of Obstetrics and Gynecology (EBCOG) -May 17 - 21, 2017

18 - Poster presentation in 3rd congress in midwifery and women health –November 2017-London – U.k.

19- Oral speaking in 2nd international meeting on nursing research and evidence based practice in Singapore, March 2018. Factors affecting Saudi women in attending antenatal care: result from qualitative study.

20- A speaker at the Wales & South West Maternity & Midwifery Festival 2018 at Cardiff City Stadium, Leckwith Road, Cardiff, CF11 8AZ on Thursday 20th September 2018.

21- Publications: a- Alanazy, W., Rance, J., & Brown, A. (2019). Exploring maternal and health professional beliefs about the factors that affect whether women in Saudi Arabia attend antenatal care clinic appointments. *Midwifery*, 76, 36-44.

B- Alanazy, W., & Brown, A. (2020). Individual and healthcare system factors influencing antenatal care attendance in Saudi Arabia. *BMC Health Services Research*, 20(1), 49.

21- Poster presentation in Normal Labour and birth: 14th research conference in Cumbria U.K. factors affecting women to attend antenatal care, qualitative study

22- Oral presentation in Normal Labour and birth: 14th research conference in Cumbria U.K. A quantitative examination of the association between maternal antenatal care attendance and maternal experiences and beliefs.

23- oral speaker in Saudi midwifery webinar 5 May 2020. Do maternal attitude, experience and antenatal care attendance in pregnancy affect birth outcome.

24- Oral speaker in international day of the midwife: follow the data: invest in the midwives. Virtual webinar 21 May 2021.

25-completed the Harvard BOK Higher Education Teaching Certificate 2021-02-03 through Harvard's Derek Bok Center for Teaching and Learning presented in association with Harvard and in collaboration with online education center.

26- Publications: Khanom, A., Alanazy, W., Couzens, L., Evans, B. A., Fagan, L., Fogarty, R., ... & Snooks, H. (2021). Asylum seekers' and refugees' experiences of accessing health care: a qualitative study. *BJGP open*, 5(6).

27- Publications: Pandya, V.S.; Mehta, V.; Miraj, M.; Alasiry, S.M.; Alanazy, W.; Uthup, T.T.; Shaik, R.A.; D'Amico, C.; Mancini, M.; Gorassini, F.; et al. Monkeypox: An Unfamiliar Virus—Clinical and Epidemiological Characteristics, Diagnosis, and Treatment with Special Emphasis on Oral Health. *Diagnostics* 2022, 12, 2749. <https://doi.org/10.3390/diagnostics12112749>.

28- Publications: Midwifery and low back pain The role of midwifery experts in prevention of low back pain among pregnant office workers with low back pain: A review. J Pain Manage 2023;16(1):00-00.

29- Oral speaker in the 1st SAM Annual International Midwifery Conference “Paving the Way for the Future of Midwifery in Saudi Arabia” (4th – 5 th March, 2023)

30- Oral speaker in International Labor and Birth Research Conference UK. Monday 24 – Wednesday April 2023 Grange-over-Sands, Cambria, UK.

PROFESSIONAL EXPERIENCE AND SIGNIFICANT ACHIEVEMENTS



MIDWIFE (9 LABOURING BEDS, 3 HDU BEDS AND 5 OBSTETRIC ASSESSMENT BEDS)

November 2006 – 2010

Charge nurse from September 2010 -2011

Head nurse from September 2011-2013

Lecturer in Majmaah University from 2013- present

Riyadh Military Hospital, Riyadh.KSA. Teaching Hospital, 1400 bed capacity, with Medical, Surgical, ER, ICU services

Allocated to Labour Ward, providing ante,intra and post natal care and care of the new-born. Member of a cohesive multi-disciplinary team, providing individually tailored care for the parturient patient and new-born. Managing large caseloads, carrying full responsibility for assessing, planning, implementing and evaluating client care.

- Ensuring safe drug administration and monitoring reactions.
- Admission and assessment of Low and High risk patients in Labour
- Allocation of Patient care to staff, checking with in-coming and outgoing staff all narcotic and schedule drugs in accordance with hospital policy.
- Abdominal palpation and foetal assessment via auscultation
- Routine Blood venepuncture and intravenous cannulation
- Artificial Rupture of Membranes and application of foetal Scalp Electrodes
- foetal Monitoring by CTG machine, interpretation and reporting of deviations from the normal
- Performing Episiotomies
- Conducting all normal deliveries
- Assisting Medical personnel with complicated and instrumental deliveries
- Assisting with perineal suturing
- Preparing patients for emergency caesarean section deliveries
- Emergency resuscitation of the new-born in situations including thick meconium whilst awaiting paediatric assistance
- Complete and accurate patient records
- Assisting and participating in Medical ward rounds
- Ordering and maintaining stock levels and fully functioning equipment
- I'm working as a head nurse with full responsibility of the position.
- manage all the administrative duties of the departments which they are assigned to work in the schedule shifts for the nurses and assign duties to them.

- I collect work reports from all the nurses regarding their day-to-day activities and maintains a record of them present the records collected from all the nurses to the respective doctors who are handling cases of those patients.
- I assist and conduct training programs for the nurses who are new and need help.
- I also solve any issues related to the patients
- I also come in direct contact with the patients and diagnose their health problems
- Inventory management is also one of the responsibilities of the head nurses
- review and supervise the pre-operative settings made by the nurses in the operating room and make sure that they have provided required equipment's to the doctors
- accompany the doctors when they go on their rounds to check the patients where they present the reports collected by them
- provide necessary help to the doctors such as carrying diagnostic equipments, etc., to the doctors while they are on round for check-up
- maintain a log of the entries of the patients in their wards and their health reports
- look for the hygiene in the hospital and in the rooms and make sure that the patients are provided with enough facilities and entertain all types of complaints from the patients
- Skills Required.



○ **OBSTETRICAL EMERGENCIES**

- Intrapartum and postpartum haemorrhage
- Pre-eclampsia and eclampsia management. This management occurs intranatally and postnatally with clients often admitted to our high dependency unit.
- Management of diabetic patients on insulin infusion intranatally
- Management of Shoulder Dystocia
- Resuscitation of maternal collapse
- Cord Prolapse



HIGH RISK PATIENTS

- Sickle Cell Crisis
- Cardiac Patients
- Diabetic, gestational and true diabetic parturient patients
- Patients with Ahydramnios, oligohydramnios and polyhydramnios
- Multiple Pregnancies
- Hypertensive disorders
- Intra Uterine Growth Retardation
- Preterm Labour
- Epileptic patients in labour.



YPES OF EQUIPMENT USED

- Cardiotocographs (CTG Monitors)
- Dinomap Blood pressure monitoring
- Vacuum extraction
- Transport Incubators
- Pulse oximeter
- Micro pump IV machines
- Electrical Delivery Beds
- Ultra Sound machines
- Overhead warms
- Draegar ECG Monitors
- Fetal scalp electronic

TEACHING EXPERIENCES: (2013_2023)

Engaging in Nursing and midwifery Lecture effectively in conveying nursing / midwifery concepts and procedures in classroom, laboratory and clinical settings. Committed to be incorporating knowledge gathered from on-going research to educate students in nursing concepts. Specialise in preparing lectures, grading papers and providing meaningful feedback.

CORE QUALIFICATIONS

- Â• Significant understanding of midwifery and nursing practises
- Â• Strong ability to engage students and encourage participation
- Â• Ability to provide instruction in laboratory and clinical settings
- Â• Proficient in the use of MS applications
- Â• Excellent public speaking abilities
- Â• Extensive communications skills

EXPERIENCE

July 2013 till now in Majmaah university - nursing department

- Â• Presented the required nursing curriculum in classroom and lab settings.
- Â• Graded student assignments and provided constructive feedback.
- Â• Maintained database of student grades and attendance.
- Â• Prepared daily lesson plans.
- Â• Submitted student progress reports and met with students to discuss progress.
- Â• Arranged simulations of situations nursing/midwifery students would likely encounter.
- Â• Conducted class in classroom, laboratory and hospital settings.
- Â• working as a head of quality committee in the department
- Â• working as ahead of community service unit in Majmaah university.



REFERENCES

- Amnah Algamdi Acting Clinical Director OF MATERNITY
Prince Sultan Military Medical City, KSA
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- Abdulrahman Albugami (Head of nursing department)- (Majmaah university)
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