

# ASMA ALONAZI

Associate Professor, DSc, MPT

+966554447464

[a.alonazi@mu.edu.sa](mailto:a.alonazi@mu.edu.sa)

## SUMMARY

---

I am Dr. Asma, a Pediatric Physical Therapist and Vice Dean of Student Affairs at Majmaah University, committed to transforming health research and practice into impactful outcomes that improve children's lives. My clinical expertise focuses on enhancing young patients' motor skills, functional abilities, and quality of life through compassionate, evidence-based care and innovative approaches.

As Vice Dean of Student Affairs, I am dedicated to fostering an environment that inspires creativity and innovation among students, encouraging them to unlock their full potential and channel their talents into productive and meaningful work. Through initiatives that promote ambition, quality, and excellence, I actively support students in becoming well-rounded individuals who contribute to societal and economic development. My leadership emphasizes bridging health and education with impactful, sustainable growth and multidisciplinary collaboration.

## WORK EXPERIENCE

---

### ○ Vice Dean of Students Affairs

#### ○ Deanship of Students Affairs, Majmaah University, 📅 01/2023 – Present

- **Task:** Monitored Key Performance Indicators (KPIs) to measure the effectiveness of student programs and services.
  - **Context:** Led initiatives to align the deanship's activities with institutional goals and national standards for higher education.
  - **Benefit:** Achieved a 15% improvement in KPI performance metrics, reflecting enhanced student satisfaction and program effectiveness.
- **Task:** Conducted comprehensive analyses for annual reports and quality assurance documentation.
  - **Context:** Ensured alignment with the university's strategic vision and compliance with accreditation standards.
  - **Benefit:** Streamlined reporting processes, resulting in more accurate and actionable insights for leadership decision-making.
- **Task:** Update the strategic and operational plans for the Deanship of Student Affairs.
  - **Context:** Worked collaboratively with stakeholders to address institutional priorities and student needs.
  - **Benefit:** Delivered a 20% increase in program efficiency and introduced innovative initiatives that supported academic and personal growth.
- **Task:** Initiated and established the Sustainable, Innovative, and Art Students Club to foster creativity and interdisciplinary engagement among students..
  - **Context:** Recognized the need for platforms that empower students to explore sustainability, innovation, and artistic expression, aligning with the university's mission to promote holistic development..
  - **Benefit:** Successfully engaged over 200 students in club activities within the first year, leading to increased campus involvement, the implementation of three sustainability projects, and enhanced student innovation in creative and academic pursuits.

## ○ College of Applied Medical Sciences

- **Associate Professor, Physical Therapy and Rehabilitation Department, 2018 – Present**
  - **Task:** Delivered advanced coursework and supervised postgraduate research projects in pediatric physical therapy.
    - **Context:** Focused on integrating evidence-based practice with innovative teaching methodologies.
    - **Benefit:** Mentored 20+ postgraduate students, leading to multiple peer-reviewed publications and enhanced student career outcomes.
- **Coordinator of Females Physical Therapy Department, MU, 2019 - 2023**
- **Head of Research unit, 2022 – 2023**
  - **Task:** Directed Scientific Research Day and Innovation Day.
    - **Context:** Encouraged collaborative research projects addressing regional health challenges.
    - **Benefit:** Secured Grant for one major research project and published four high-impact articles in international journals.
- **Head of the Students Activities Unit, 2019 – 2022**
  - **Task:** Designed, organized, and supervised student activities and programs of the college.
    - **Context:** Aimed to foster personal development, creativity, and a sense of community among students while aligning activities with the university's mission and vision.
    - **Benefit:** Increased student engagement by 25% through the introduction of new cultural, educational, and recreational events.
- **Consultant of Pediatric Rehabilitation**
  - Sky Rehabilitation Clinic – Riyadh, 2018 – 2023
  - Rehab Center and P&O- Majmaah, 2019 – Present
  - **Task:** Provided individualized rehabilitation programs for pediatric patients with complex motor skill challenges.
    - **Context:** Worked within a multidisciplinary team to deliver high-quality therapeutic interventions.
    - **Benefit:** Improved patient functional outcomes by 30%, achieving significant milestones in shorter rehabilitation timelines.
- **Senior of Pediatric Rehabilitation**
  - King Abdulaziz Medical City-NGHA, Physical Therapy Department, 01/2010 - 01/2011
- **Junior of Pediatric Rehabilitation**
  - Sultan Bin Abdulaziz Humanitarian City (SBAHC), Riyadh, 01/2007 - 01/2010

## EDUCATION

---

### **Doctor of Science in Physical Therapy (DSc)**

Loma Linda University (LLU), 09/2013 - 09/2017

### **Master of Physical Therapy (MPT)**

Loma Linda University (LLU), 09/2012 - 09/2013

### **Bachelor in Rehabilitation and Physical Therapy (BSc)**

King Saud University, 01/2000 - 01/2007

## SKILLS

---

Interdisciplinary Collaboration	Therapeutic Techniques	Organizational and Procedural Documentation
Program Development and Management	Strategic Planning and Execution	Quality Assurance and KPI Monitoring
Sustainability Education & Training	Data Analysis & Interpretation	Technological Proficiency
Cultural Competency and Inclusion	Research and Academic Writing	Leadership and Team Building

## STRENGTHS

---

Visionary Leadership	Result-Oriented
Inclusive Leadership	Effective Communicator
Collaborative Team Player	Strategic Thinker

## CERTIFICATION

---

- Sustainable Development Goals (SDGs) Applications Expert, 2023
- CBP™ Leadership Certified, 2023
- Academic Quality Practitioner Certified, 2022
- Physical Therapist Practitioner Certified, Present

## GRANT

---

***Efficacy of electromyographic biofeedback supplementation raining on quadriceps strengthening with patellar taping in patellofemoral pain syndrome among young adult male athletes***

01/10/2020 to 01/10/2021

Majmaah University (Riyadh, SA)

## PUBLICATIONS

---

<https://orcid.org/0000-0003-2822-798X>