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**STATUS**

Assistant Professor in Family and Community Medicine Department  
Faculty of Medicine, Majmaah University

## DR. NAJLA ABDULLAH ABANEMAI

### CURRICULUM VITAE

**MEDICAL EDUCATION:**

- 2023** Saudi Board of Family Medicine, Prince Sultan Military Medical City, Riyadh, Saudi Arabia.  
**2019** Bachelor of Medicine & Bachelor of Surgery, Majmaah University, Majmaah, Saudi Arabia.

**AWARD:**

- 2022** Best resident for academic year 2021-2022 in the residency program of Family Medicine at Prince Sultan Military Medical City.

**CONFERENCES, WORKSHOPS AND SYMPOSIUMS:**

- 2023** Clinical Updated in Women's Health Care ,PSMMC, Riyadh, Saudi Arabia.  
**2022** The 2nd Saudi National Urgent Care Conferenc ,Khobar, Saudi Arabia.  
**2021** Public Health toward a resilient and lean health care system. online  
**2020** Evidence Based Medicine Conference & Workshop in Writing and Evaluation Clinical Guideline at Prince Sultan Military Medical City, Riyadh, Saudi Arabia.  
**2020** Common Cases in Family Medicine 5, Online at Virtual Medical Academy.  
**2020** The MoC & Health System Reform: What FM Physicians Need to Know, Online at Virtual Medical Academy.  
**2020** Regional Conference on Public Health at Holiday Inn-Al Qasr, Riyadh, Saudi Arabia.  
**2019** 5<sup>th</sup> Master Class Evidence Based Medicine (EBM) at Prince Sultan Military Medical City, Riyadh, Saudi Arabia.  
**2019** 2<sup>nd</sup> Conference Family Medicine and Public Health at Holiday Inn-Al Qasr, Riyadh.  
**2019** International Diabetes and Obesity Conference at Crowne Plaza, Riyadh, Saudi Arabia.  
**2019** Diabetes Mellitus Update Symposium at Al Meridien Al Khobar Hotel, Al Khobar, Saudi Arabia.  
**2019** Bioethics online training course, National Committee for Bioethics, King Abdulaziz City for Science and Technology (web-based training course).  
**2018** Hot topic in pediatric pulmonology at Prince Sultan Military Medical City in Riyadh, Saudi Arabia.

**RESEARCH ACTIVITIES:**

- 2023** Using Artificial Intelligence for Prediction of Diabetes in PSMMC , Riyadh, Saudi Arabia  
**2021** Patient satisfaction with virtual care compared to clinic visit among diabetic patients in primary care.  
**2020** Perception of Attendees of Primary Care Centers in Majmaah City, Saudi Arabia About Skin Manifestations of Diabetes Mellitus.  
**2020** knowledge, Attitude, and Practice of Travel Medicine among Primary Health Care Physicians, Riyadh City, Saudi Arabia.  
**2019** Secondary Stroke Prevention Among Stroke Survivors in Riyadh City, Saudi Arabia: Risk Knowledge, Adherence to Stroke Discharge Medications and Preventive Strategies.

- 2018** The Impact of Patients Knowledge and Beliefs on Anticoagulation Control Measured by Adherence and Frequent INR Testing in Patients with Atrial Fibrillation in Saudi Arabia.
- 2017** Nutritional Status Among Majmaah University Female Students, Majmaah City, 2017 Saudi Arabia.

#### POSTER PRESENTATIONS:

- 2022** Patient satisfaction with virtual care compared to clinic visit among diabetic patients in primary care.
- 2020** Perception of Attendees of Primary Care Centers in Majmaah City, Saudi Arabia About Skin Manifestations of Diabetes Mellitus.
- 2020** Nutritional Status among Majmaah University Female Students, Majmaah City, 2017 Saudi Arabia.
- 2019** Secondary Stroke Prevention Among Stroke Survivors in Riyadh City, Saudi Arabia: Risk Knowledge, Adherence to Stroke Discharge Medications and Preventive Strategies.

#### VOLUNTEER EXPERIENCE:

- 2023** Public Health Awareness of UTI Management & Prevention-PSMMC, Riyadh, Saudi Arabia.
- 2020** Epilepsy awareness campaign, Almajmaah mall, Almajmaah, Saudi Arabia.
- 2019** Organizer, Negative Effects of Fast food, Almaqsoorah Park, Almajmaah, Saudi Arabia.
- 2018** Organizer, Sinusitis awareness campaign, Almajmaah mall, Almajmaah, Saudi Arabia.
- 2017** Organizer, Breast cancer awareness campaign, Majmaah university, Almajmaah, Saudi Arabia.
- 2017** Soft drink public awareness campaign, Almajmaah mall, Almajmaah, Saudi Arabia .
- 2017** Together for a healthy community campaign, Almajmaah mall, Almajmaah, Saudi Arabia .
- 2016** Breast cancer awareness campaign, Majmaah university, Almajmaah, Saudi Arabia.
- 2016** Health awareness campaign, Comprehensive Rehabilitation Center, Saudi Arabia
- 2015** Organizer of hepatitis awareness campaign, Majmaah university, Almajmaah, Saudi Arabia.

#### LETTER OF REFERENCES:

**Dr.Saad Al Battal.** Head of Training & Academic Affairs Department of Family & Community Medicine Prince Sultan Military Medical City  
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**Dr. Lina Al Olaiwi.** Deputy of family medicine residency program director Consultant /Trainer Family and Community Medicine Department Prince Sultan Military Medical City  
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**Dr.Mohammed Almansour.** MRCPG(INT),ABFM,SB-FM,FMedEd(Uof T Canada), Head of Medical Education Department, Associate professor and consultant of family Medicine, College of Medicine, Al Majmaah University, Majmaah city, Saudi Arabia.  
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#### **LETTER OF RECOMMENDATIONS:**

**Dr.Talal Shakas Alghamdi.** American Fellowship in Prevention Cardiology and Lipidology, Assistant Professor and Consultant of Family Medicine, Head of Family Medicine Department, College of Medicine, Al Majmaah University, Majmaah city, Saudi Arabia.

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**Dr.Fahad Al Fahaid.** Assistant Professor and Consultant of Family Medicine, College of Medicine, Al Majmaah University, Majmaah city, Saudi Arabia.

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**Dr.Abdullah Mohammad Al-Olayan.** Vice dean for clinical affairs, college of medicine, Majmaah University , Assistant Professor of Pediatrics ,Consultant pediatric Pulmonologist , King Khalid Majmaah Hospital. Majmaah city, Saudi Arabia.

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**Dr.Hamed Mansour.** Consultant, Family and Community Medicine Department, Prince Sultan Military Medical City, Riyadh, Saudi Arabia.

**Dr.Fayez Soliman.** Consultant/Trainer, Family and Community Medicine Department, Prince Sultan Military Medical City, Riyadh, Saudi Arabia.

**Dr.Ahmed Bakhiet.** Consultant/Trainer, Family and Community Medicine Department, Prince Sultan Military Medical City, Riyadh, Saudi Arabia.

**Dr.Maram Yaslam.** Consultant, Family and Community Medicine Department, Prince Sultan Military Medical City, Riyadh, Saudi Arabia.