

DR. MOHAMMED ZAID ALJULIFI

Associate Professor, Majmaah University
Consultant of family medicine and Diabetes
MBBS, Saudi fellowship of diabetes
Saudi and Arab Board of Family Medicine,
University Email: m.aljulifi@mu.edu.sa
E-mail: mzm428@Gmail.com

- **EDUCATION:**

- **Fellowship**

Saudi Fellowship of adult diabetes. King Abdulaziz Medical City - National Guard Hospital - Riyadh. 1 Jan 2019 - December 2020

- **Residency**

Arab Board in Family Medicine, 29 April 2017

Saudi Board in Family Medicine, 30 November 2016

Prince Sultan Military Medical City (PSMMC) (1st October 2012 to September 2016).

- **Medical school (MBBS)**

College of Medicine, King Saud University, Riyadh, Saudi Arabia. 22 August 2011

- **EXPERIENCE:**

- Membership of many communities within Majmaah University
- Vice dean, College of Medicine, Majmaah University (December 2022 – present)
- ASSOCIATE PROFESSOR of family medicine, Majmaah University, (August 2023- present)
- ASSISTANT PROFESSOR of family medicine, Majmaah University, (August 2017- August 2023)
- Consultant of Family medicine and Diabetes management, Feb 2021
- Head of pathology department, November 2021 – April 2022
- Consultant of Family medicine, by Saudi Commission of Health Specialties, December 2019
- Family medicine module coordinator 2017-18, 2018-19, 2020-21 and 2021-22.
- HEAD OF POSTGRADUATE UNIT, college of medicine, Majmaah University, (March 2017- December 2019)
- DEMONSTRATOR, Majmaah University, (September 2012 – August 2017)

- **SPEAKER:**

- Riyadh Diabetes Club. How to apply cardiovascular trials outcomes on outpatient type 2 diabetic patients? Cases for discussion. Radisson Blue Hotel, Riyadh, March 2020.
- Continuing Professional Development Program for Primary Health Care Doctors at Majmaah area, for this topic "Cough approach: evidence base practice", King Khaled hospital, Majmaah, February 2018.

- **Poster presentation:**

- First AACE Communities Middle East Hybrid Conference 2021, for this study as **ePoster**: "*The prevalence of celiac disease in Saudi patients with type 1 diabetes mellitus*" Grand Hyatt, Dubai and online, November 11-13, 2021.

- The 47th Asia Pacific Academic Consortium for Public Health Conference, for this study: “*Factors Affecting Patient’s Adherence to Insulin in Alwazarat Health Center, Riyadh, Kingdom of Saudi Arabia*”, Bandung Indonesia, October 21-23, 2015.
- **PUBLICATIONS:**
- **Aljulifi, Mohammed Zaid**; Mubki, Thamer; Alaboody, Ziyad Mohammed; Alamri, Ammar Nasser; Altariqi, Waleed Mohammed; Alharbi, Bader Salem; Almohaimeed, Abdulaziz Fahad. Knowledge, attitude, and practice of primary health physicians in Saudi Arabia in prescribing vitamins and minerals as treatment for hair loss. *Journal of Family Medicine and Primary Care* 13(9):p 3960-3965, September 2024. | DOI: 10.4103/jfmpc.jfmpc_245_24
- **Aljulifi, M. Z.**, Mahzari, M., Fatani, H. A. & I Ardah, H. (2024). A Retrospective Study of The Prevalence of Diabetic Ketoacidosis in Saudi Adolescents and Adults with Type 1 Diabetes. *Journal of Pioneering Medical Sciences*, 13(6), 4-12.
- AlRashidi, Awadh; AlArfaj, Rasha; Al Ruqaib, Abdullah; Masuadi, Emad; AlFaraj, Munirah; Al-Saleh, Yousef; AlEnezi, Rakan; Mahzari, Moeber M; **Aljulifi, Mohammed Z.** Liraglutide Effect on Weight and A1C in Patients with Type 2 Diabetes Mellitus: Real-World Data from a Single Tertiary Care Center in Saudi Arabia. *Journal of Pharmacy and Bioallied Sciences* 16(Suppl 4):p S3108-S3112, December 2024. | DOI: 10.4103/jpbs.jpbs_473_24
- Shaik, R. A., Vijaykrishnan, B., Tanweer, M. K., **Aljulifi, M. Z.**, Alzahrani, M. A., Alharbi, M. B., & Ahmed, M. M. (2024). Conjunctival vessel morphology in patients with type 2 diabetes mellitus: findings of a case-control study. *European Review for Medical & Pharmacological Sciences*, 28(1).
- Alfheid, F. M., **Aljulifi, M. Z.**, Almutairi, F. H. R., Alanazi, K. F., Alanazi, A. M., Aldhafiri, H. J., Almutairi, M. A., Almousa, M. A., Alotaibi, W. S., Almotairi, A. H., Almhmd, A. E. & Saqyan, A. B. (2024). Adherence to Medications of Hypertension among Hypertensive Patients of Majmaah City of Saudi Arabia. *Journal of Pioneering Medical Sciences*, 13(2), 101-107.
- **Aljulifi, M.** (2023). Paradigm of Complementary and Alternative Medicine in Type 2 Diabetes. IntechOpen. doi: 10.5772/intechopen.1002422
- Ahsan M, Shaik RA, Mallick AK, Banawas SS, Alruwaili TAM, Alanazi YA, Alzahrani HS, Ahmad RK, Ahmad MS, AlAnazi FH, Alfheid F, **Aljulifi Mohammed Z**, Mehta V, Almhmd AE, Daham ASDA, Alruwaili MMM. A Cross-Sectional Study to Assess mRNA-COVID-19 Vaccine Safety among Indian Children (5–17 Years) Living in Saudi Arabia. *Vaccines*. Switzerland, 2023; 11(2):207
- M.A. Lateef Junaid, A. Faraz, M. Vaseem, I.M.A. Salih, H.A.H. Kutbi, **M.Z. AlJulifi**, F.M. Alfheid, W. Sami, Effect of proton pump inhibitors on Magnesium levels in Type II diabetic patients: a single centre study from Saudi Arabia, *Eur Rev Med Pharmacol Sci*, Italy, 2023; 27(3):p 1077-1082
- Al Fheid, F., Sami, W., Alzahrani, M. K., **Aljulifi, M.**, Ahmed Almufarrih, Y., & Ibrahim Alaqil, A. K. The Study of Learning Styles among Medical Students at Majmaah University, Saudi Arabia, *Journal for Educators, Teachers and Trainers*, Spain, Vol. 13(4). 270
- Shaik Riyaz Ahamed, Holyachi Sharan K., Ahmad Mohammad S., Miraj Mohammed, Alzahrani Mansour, Ahmad Ritu Kumar, Almhmd Bader A., **Aljulifi Mohammed Z**, Alzahrani Meshari A., Alharbi Mashaal B., Ahmed Mohammed Muzammil, Clinico-demographic and survival profile of people living with HIV on antiretroviral treatment, *Frontiers in Public Health*, SWITZERLAND, 11, 2023

- Alfheid, Fahad, Mansour K. Alzahrani, Hayat S. Alzahrani, **Mohammed Z. Aljulifi**, Abdulrahman Ali Alqabbani, Nawaf Fahad Alzaidy, Abdulrahman Jaser Almutairi, Saleh Asaad Alsaadoon, and Musab Sultan Alabeesy. "Prevalence of non-adherence to medications in people with type 2 Diabetes mellitus." *Journal of Complementary Medicine Research* 14, no. 1 (2023): 109-109
 - **Aljulifi M Z**, Alfheid F, Alshahrani A, et al. (October 26, 2022) The Prevalence and Pattern of Using Complementary and Alternative Medicine in Saudi Patients with Diabetes: A Cross-Sectional Study. *Cureus* 14(10): e30700. doi:10.7759/cureus.30700
 - Alajlan FA, **Aljulifi MZ**, Mahzari M. Renal Impairment in Patients with Metabolic Syndrome after Living Kidney Donation: A Systematic Review. *Saudi J Kidney Dis Transpl [serial online]* 2021 [cited 2022 Nov 16];32:613-21. Available from: <https://www.sjkdt.org/text.asp?2021/32/3/613/336756>
 - Al-Zalabani AH, **Aljulifi MZ**. Tobacco smoking and type 2 diabetes mellitus in Gulf Cooperation Council Countries. *Saudi Med J*. 2021 Sep;42(9):1045-1046.
 - **Aljulifi, M. Z.**, Mahzari, M., Alkhalifa, L., Hassan, E., Alshahrani, A. M., & Alotay, A. A. (2021). The prevalence of celiac disease in Saudi patients with type 1 diabetes mellitus. *Annals of Saudi Medicine*, 41(2), 71-77.
 - **Aljulifi, M. Z.** (2021). Prevalence and reasons of increased type 2 diabetes in Gulf Cooperation Council Countries. *Saudi Med J*, 42(5), 481-490.
 - كتاب التطعيمات، حقائق وأوهام، العبيكان للنشر، ٢٠١٩
 - Alfheid, F., **Aljulifi, M.**, Ansari, T., Al-Olayan, A., Almansour, M., & Alghamdi, T. S. (2018). Quality assessment of the Saudi initiative for asthma guideline. *Imam Journal of Applied Sciences*, 3(1), 28.
 - Dr. Yousef A. Al-Turki, **Mohammed Z. Aljulifi**, Abdurrahman Al Murayshid, Hassan R. Al Omaish, Khalid S. Al Daghiri, Ali Y. Al Seleemi, Anas Albarrak, Ali A. Al Aseeri, Hazem A. Al Jumah, Ahmed A. Al Badrani, Fahad Al Robayan, Abdulaziz I. Al Jerawi, Prevalence of Irritable Bowel Syndrome among Students in King Saud University, Riyadh, Saudi Arabia, *Middle East Journal of Family Medicine*, June 2011: 9(5) 17-20.
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