

Curriculum vitae

- Name: Fahad Mohammad Abdullah Alfheid
- Sex: male
- Nationality: Saudi
- Date of birth: 8/5/1980
- Place of birth: Al Aflaj (Riyadh Region).
- Present address: 3685 .Alomrah St,Almalga ,Riyadh.
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 - f.alfheid@mu.edu.sa
- **Current position:**
 - Associate professor & consultant of family medicine.
family medicine department, Faculty of
Medicine,Majmaah University, Saudi arabia .
- Former Vice dean for quality and improvement, Faculty of
Medicine,Majmaah University, Saudi arabia (2015-till 2021).

Qualification:

- External Reviewer Training Program for Academic Accreditation
2022.
- Areview of PLOs and CLOs against Review Matrix . ETEC 2022

- Certificate in essential high value health system program 2023
 - Assessment of Program Learning Outcomes ETEC 2021
 - Certificate in Academic Accreditation reviewer 2020
- *ESMEA :Essential skills in Medical Education Assessment certificate 2020

- ESME Certificate Essential skills in Medical Education Skills in Action July 2020.
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- Certificate in Leadership in medical and health professions education 2019 King Saud University .
- Administrative leadership course by Institute of Public Administrative .2019.

*2013,june,Diploma in Total Quality Management(DTQM)Canada Global Center.

*2011,Jan,ARAB BOARD IN FAMILY MEDICINE.

*2010,NOV,SAUDI BOARD IN FAMILY MEDICINE.

*2005,june MBBS college of medicine,king Khalid university,Abha,kSA,very good grade

Work Experiences:

- Vice dean for quality and improvement, Faculty of Medicine,Majmaah University, Saudi arabia (2015-2022).
- Medical Director of Medical services of Majmaah University 2013_2015
- Consultant family medicine at medical services of Majmaah University 2013 till date
- Head of higher quality committee,faculty of medicine,Majmaah university till date.
- Member of medical college board 2013 till 2021.
- Member of advisory council of medical college 2019-till 2022.

- Member of strategic plan committee 2015 till date.
- Member of corona virus 19 committee 2020 till 2020.
- Chairman of Emergency Department 2013-2017
- Member of recruitment committee 2013-2022.
- Member of family medicine department board 2013 till date
- Member of medicine department board 2013-2015
- Member of dermatology department board 2014-2015
- Chairman of infection control committee in medical services 2013
- Chairman of healthy university environment committee 2013-2014
- Member of highest health committee in University 2013-2015
- Chairman of academic title committee.2015-2016
- Module coordinator for Islamic concepts 2013
- Module coordinator for Emergency I 2013-2015
- Module coordinator for Emergency II 2016
- Senior registrar in family medicine department at prince sultan medical military city 2010_2012
- Resident in family medicine program at prince sultan medical military city 2006_2010
- I have completed the requirement of M.B.BS degree from King Khalid, college of Medicine In Abha, Kingdom of Saudi Arabia In June 2005, with A.G.P.A of 3.77 out of 5 and (Very Good Grade).

MEMEBERSHIPS:

- AMEE(Association of Medical Education Europe) 2014-2017 &2020-2021

Training/conferences :-

- Certificate in Academic Accreditation reviewer 2020
- Certificate in Leadership in medical and health professions education 2019 King Saud University .
- Administrative leadership course by Institute of Public Administrative .2019.
- CPHQ preparatory course.2019
- SIMEC(Saudi international medical education conference) 2018
- Saudi Health Simulation conference 2018.
- 2nd Aseer Health conference.2018
- Certificate in essential skills in medical education 2017.
- Problem solvent and decision making 2017 Centre of Academic Leadership Ministry of Education.
- Essential skills in medical education(ESME)course 2017 provided by AMEE
- Fifth national quality conference 2015
- The second International conference for assessment and evaluation 2015
- Strategic planning course 2011
- SIMEC(Saudi international medical education conference) 2014
- WONCA Asian and Pacific conference 2014,May,cuching Malaysia
- Winter course of PBL teaching provided by maasterechit university JAN 2013.

- 2nd international conference of spiritual support of patients king Fahad medical city ,Riyadh DEC 2012.
- WONCA EUROPE Conference 2012"art of general practice"viena,Austria July 2012.
- Four years training in family medicine program in Riyadh military Hospital,Riyadh.
- Internship from 1/8/2005 till 30/7/2006 inKhamis military Hospital .
- First ORL Allergy Workshop April 2010.
- Islamic Conference 2010 مؤتمر الفقه الاسلامي الثاني (قضايا طبية معاصرة)
- Evidence base medicine workshop 2010.
- Advance trauma life support 2010.(ATLS).
- Update in obstetrics for family physicians 20 January 2011.
- The 2nd international conference for applied prophetic medicine (jun 2010).
- Second symposium on Medical ethics 2004.
- First diabetic club meeting in Asir region 2006.
- Update symposium in Internal Medicine 2006.
- Basic life support.(BLS).
- First international Musculoskeletal Ultrasound course 2009.
- The 1st international conference on hepatobiliary&pancreatic diseases(2002).
- Researches:

- Fast food consumption among health colleges student
- Prevalence of hepatitis b virus among medical students
- Life style of health colleges students

Prizes & awards:-

- Best research award at at College of Medicine 2017.
- Abha prize for academic superiority in general education for 2 year(1414-1413).

Skills:

- Teamwork skills
- Leading group of discussion.
- Interactive dialogue.
- Presentation skills.
- Organizing academic and medical activities.
- Critical appraisal of scientific articles.

Interest:

- Reading in ,history,religions.
- Traveling for tourism and exploration.
- Sports;football

Researches and book :

A-Book :

Vaccinations the myths and truths (in Arabic)

Written with Dr.Mohammad aljulaifi .

B-Researches:

1-Risky health behaviors among students in Majmaah University, Kingdom of Saudi Arabia.

Tahir Ansari, Talal Alghamdi, Mansour Alzahrani, Fahad Alfahaid, Waqas Sami, Bader A Aldahash, Dukhayel S Aldukhayel, Fahad S Alshanbah, Naif M Almutairi.

2-Breast cancer awareness and breast self-examination among future female university graduates: comparison between medical and non-medical students.

Elsadig Yousif Mohamed, Waqas Sami, Abdullah Atallah Alenezi, Abdulrahman Mubarak Almutairi, Ahmad Khalid Alsalboud, Khalid Mohammad Alhusainy, Mohammad Awadh Almutairi, Syed Meraj Ahmed, Khalid Altohami Medani, Mohammed Abdullah Al Mansour, Mansour Khatir Alzahrani, Talal Shakhs Algamdi, Fahad Bin Mohamed Alfahaid, Tahir Ansari

3-Lifestyle of health sciences students at Majmaah University, Saudi Arabia

Fahad Alfahaid, Mansour Alzahrani, Mohammed Almansour, Talal Alghamdi, Tahir Ansari, Waqas Sami, Mohammed Salem Alotaibi, Abdullah Khalaf Almutairi, Ibrahim Bader Alhuziaymi, Fahad Saleh Alhugail

4-Prevalence of generalized anxiety disorder and major depression in health-care givers of disabled patients in Majmaah and Shaqra cities, Kingdom of Saudi Arabia

Mansour Alzahrani, Fahad Alfahaid, Mohammed Almansour, Talal Alghamdi, Tahir Ansari, Waqas Sami, Talal Mislal Al Otaibi, Abdulmohsen Abdullah Al Humayn, Madullah Moutlaq Al Enezi

5-Prevalence of generalized anxiety disorder and major depression in health-care givers of disabled patients in Majmaah and Shaqra cities, Kingdom of Saudi Arabia

Mansour Alzahrani,¹ Fahad Alfahaid,¹ Mohammed Almansour,¹ Talal Alghamdi,¹ Tahir Ansari,¹ Waqas Sami,² Talal Mislal Al Otaibi,³ Abdulmohsen Abdullah Al Humayn,³ and Madullah Moutlaq Al Enezi³

6-Prevalence of Hypertriglyceridemia in Patients Attending Primary Health Care Centers in Majmaah, Saudi Arabia Fahad alfahaid.

7-Prevalence and Risk Factors of Hypercholesterolemia in Majmaah, Saudi Arabia

Mansour Khater Al Zahrani. Khalid El Tohami Medani, Mohammed Abdullah Al Mansour, Elsadig Yousif Mohamed, Fahad Alfahaid, Talal Shakhs Alghamdi, Waqas Sami, Sawsan Mustafa Abdalla

8-Herbal medicine use by Saudi patients with chronic diseases: A cross-sectional study (experience from Southern Region of Saudi Arabia)

Mushabab Ayed Alghamdi, Abdel Gaffar A Mohammed, Fahad Alfahaid, Ali Albshabshe.

9-Quality assessment of the Saudi initiative for asthma guideline

Fahad Alfahaid¹, Mohammed Aljulifi¹, Tahir Ansari², Abdullah Al-Olayan³, Mohammed Almansour¹, Talal Shakhs Alghamdi¹

10-Prevalence and Risk Factors of Metabolic Syndrome (MetS) in Primary Health Care Centers' Attendants in Majmaah, Saudi Arabia

Mohammed A Al Mansour, Sawsan M Abdalla, Elsadig Y Mohamed, Waqas S Mahmoud, Mansour Kh Alzahrani, Khalid E Medani, Talal Sh Algamdi, Fahad M Alfahaid.

11-Fast Food Consumption among University Students, Saudi Arabia: A Cross-Sectional Study

Abdullah AlKhthami. Fahad AlFahied, Waqas Sami, Yasser AlTowyan, Turki AlJohani, Abdulaziz AlHaddad

Referances:

- Prof .Mohammed Othman Alrukban
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Vice President for Academic Affairs, Majmmah University
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- Dr.Khalid Mohammed Alabdulwahab

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- **Dr. Mansour Alzahrani**

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