

CRIS S. ADOLFO

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SUMMARY OF QUALIFICATIONS AND EXPERIENCE

- **More than 2 years of clinical experience (volunteer staff nurse and clinic nurse).**
- **Fifteen years (15) of teaching experience and clinical supervision.**
- Registered Professional Nurse – State of New York (License Number: 848849)
- Registered Nurse and Registered Midwife (Philippines)
- More than 2 years of international humanitarian work experience (monitoring, evaluation, accountability, and learning of program: MEAL).
- Work experience in World Health Organization (WHO) – Western Pacific Region Office (WPRO) under Health Services Development.
- Former Fellow of International Society of Quality in Health Care.
- Member of Sigma Theta Tau International Honor Society of Nursing.
- Published Paper: 16 | Citations: 114 | h-index: 6 | i10-index: 3

EDUCATION

DOCTOR OF PHILOSOPHY IN NURSING, MAJOR IN NURSING ADMINISTRATION

- Our Lady of Fatima University, Philippines (2021 - Ongoing)

POST DOCTORATE IN TOTAL QUALITY MANAGEMENT IN HIGHER EDUCATION

- Centro Escolar University, Philippines (Completed - 2014)

DOCTOR OF PHILOSOPHY IN CURRICULUM AND SUPERVISION

- Centro Escolar University, Philippines (Completed - 2013), dissertation entitled *“Assessment of the health programs of the University Belt Consortium: Basis for proposed coordinated school health program for tertiary level.”*

MASTER OF SCIENCE IN NURSING (MAJOR IN MEDICAL-SURGICAL NURSING)

- Concordia College, Philippines (Completed - 2008), thesis entitled “*Low back pain and application of body mechanics among nurses in specialized and non-specialized areas.*”

BACHELOR OF SCIENCE IN NURSING (GRADUATED WITH HONORS)

- Gordon College, Philippines (Completed - 2005), recipient of “Leadership Award”.
- Ranked 2nd in our batch.

EXPERIENCE

MAJMAAH UNIVERSITY – Kingdom of Saudi Arabia

Assistant Professor of Nursing (BSN and MSN Program) | 2016 – present

Clinical Supervision

- Bachelor Degree in Nursing Science (BSN Program)
- Master of Science in Nursing – Management and Leadership (MSN Program)
- MSN Program Research Mentor/Supervisor
- College of Applied Medical Sciences Committee Chair/Lead
 - Training Unit (2016 - 2018)
- Nursing Department Committee Chair/Lead
 - Exam Measurement and Assessment Committee (2016 - 2017)
 - Equipment and Laboratory Committee (2017 - 2018)
 - BSN Program, Quality Assurance and Academic Accreditation Committee (2018 - 2021)
 - MSN Program, Quality Assurance and Academic Accreditation Committee (2018 - 2021)

CATHOLIC RELIEF SERVICES (CRS) - Philippines

Monitoring, Evaluation, Accountability, and Learning (MEAL) Officer | 2014 - 2016

- Integrated Rural Shelter and WASH Recovery Project
 - Grants from Caritas Australia, Caritas Austria, DFAT, UNICEF, and ILO (More than 6 million USD project). The targets were 10,000 transitional shelter and

10,000 latrines through direct build or cash grant methodology in Municipality of Palo, Leyte.

- Planning for Resilience and Effective Preparedness (PREP) Project
 - Grants from USAID (1 million USD Project). The targets were 18,000 families have preparedness plans and capacity building through DRR Training of Trainers in Municipalities of Palo and Tanauan, Leyte.
- Emergency Response Group Member (Typhoon Non and Typhoon Ruby)

WORLD HEALTH ORGANIZATION (WHO) – WESTERN PACIFIC REGION OFFICE - Philippines

Intern | 2013

- Health Services Development: Assisted the development of Global Learning Programme e-Learning Course for the National Health Policies, Strategies and Plans (GLP – NHPSP) to strengthen WHO’s capacity to support its member states to develop, implement and monitor robust National Health Policies, Strategies and Plans, and in concerned countries, to implement the Paris Declaration and IHP+ principles.
- Human Resources for Health: Assisted the Regional Adviser in Nursing in the assessment of Infection Prevention and Control Programme of the Western Pacific region.

REMEDIOS WOMEN’S HEALTH CLINIC - Philippines

Clinic Nurse | 2012 - 2013

- Healthcare facility focused on women’s health (obstetrical and gynecological) and care of outpatients.

CENTRO ESCOLAR UNIVERSITY - Philippines

Assistant Professor of Nursing | 2006 – 2014

Clinical Supervision

- Acting Community Coordinator
- Preceptor to some tertiary, training, and specialized hospitals (San Lazaro Hospital and Philippine Orthopedic Center)
- Research Adviser

- Member: Curriculum Study Group and Internal Quality Audit (ISO and PQA)

CARL BALITA REVIEW CENTER - Philippines

NLE Reviewer | 2009 - 2014

- Board examination reviewer for nursing licensure examination (nursing research, leadership and management, community health nursing).
- **Co-Researcher** of the book entitled “*Ultimate Learning Guide to Nursing Review by Carl E. Balita, 2nd Edition*”.

UNIVERSITY OF MAKATI - Philippines

Clinical Instructor | 2005 - 2006

- Part time clinical instructors in various affiliated hospitals (delivery room, NICU, medical ward, and surgical ward).

LAS PINAS GENERAL HOSPITAL AND SATELLITE TRAUMA CENTER - Philippines

Volunteer Staff Nurse | 2005 - 2006

- Assigned in various areas focused on patient care management (direct and indirect care) and teaching and education.

AFFILIATIONS

INTERNATIONAL SOCIETY FOR QUALITY IN HEALTH CARE

Fellow and Member | 2017 – 2021

SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING

Pi Iota Chapter Member | 2018 – 2021

PHILIPPINE NURSES ASSOCIATION – NCR ZONE 5

House of Delegate | 2013 – 2014

Board of Director | 2009 – 2013

PHILIPPINE NURSES ASSOCIATION (MEMBER, INTERNATIONAL COUNCIL OF NURSES)

Member | 2006 – present

INTEGRATED MIDWIFE ASSOCIATION OF THE PHILIPPINES

Member | 2006 – present

PHILIPPINE NURSING RESEARCH SOCIETY

Member | 2014 – 2015

PUBLICATIONS

ORCID ID: <https://orcid.org/0000-0003-4776-1512>

- Almazan, J. U., Albougami, A. S., Alamri, M. S., Colet, P. C., **Adolfo, C. S.**, Allen, K., & Boyle, C. (2019). Disaster-related resiliency theory among older adults who survived Typhoon Haiyan. *International Journal of Disaster Risk Reduction*. Doi: 10.1016/j.ijdr.2019.101070 [Funded paper: Majmaah University Project No. 1440-35] (ISI / SCOPUS)
- Almazan, J.U., Cruz, J.P., Albougami, A.S., Alamri, M.S., & **Adolfo, C.S.** (2019). Maternity-ward nurses' kangaroo mother care attitudes and practices: Implications and future challenges. *Scandinavian Journal of Caring Sciences*. Doi: 10.1111/scs.12681 [Funded paper: Majmaah University Project No. 1440-63] (ISI / SCOPUS)
- **Adolfo, Cris S.** (2019). Quality and safety practice environment: Implications for management commitment to a culture of safety. *Nursing Forum*. Doi:10.1111/nuf.12367 (ISI / SCOPUS)
- Paragas, E.D., Maniago, J.D., **Adolfo, C.S.**, Alamri, M. (2019). Student nurses' quality of life in Majmaah University: A cross-sectional study. *Majmaah Journal of Health Sciences*. Vol.7, Issue 3, September – 2019, Muharram – 1441.
- Artetche, D.L., Almazan, J.U. & **Adolfo, C.S.** (2019). Functional capability and job competence of part-time postretiree worker's in higher academic institution. *Ageing International*. <https://doi.org/10.1007/s12126-019-09357-7> (ISI / SCOPUS)
- Albougami, A., Almazan, J., Cruz, J., Alquwez, N., Alamri, M., **Adolfo, C.**, Roque, M. (2020). Factors affecting nurses' intention to leave their current jobs in Saudi Arabia. *International*

Journal of Health Sciences. Vol. 14, Issue 3 (May-June 2020). PMID: PMC7269627, PMID: 32536847 (ISI)

- Albougami, A., Almazan, J., Stitt, N., Cruz, J., Colet, P., and **Adolfo, C.** (2020). Challenges of nurses and care management of depressed older adults: A narrative literature review. *Scandinavian Journal of Caring Sciences*. DOI: 10.1111/scs.12908 (ISI / SCOPUS)
- **Adolfo, Cris S.** (2020). Predictors of professional quality of life among nurses - A cross sectional study. *International Journal of Advanced and Applied Sciences*. (ISI)
- **Adolfo, C.**, Roque, M., Albougami, A., Almazan, J. (2020). Nurses' attitude toward hospital quality improvement in hospitals: Implications for nursing management system. *Nursing Practice Today*: Vol.8, Issue 3. <https://doi.org/10.18502/npt.v8i3.5935> (SCOPUS)
- Jestoni D. Maniago, Evelyn E. Feliciano, Adelina M. Santos, Cyrelle L. Agunod, **Cris S. Adolfo**, Brian A. Vasquez, Abdulrhman Albougami, Joseph U. Almazan (2020). Barriers in performing physical assessments among nursing students: An integrative review. *International Journal of Nursing Sciences*. <https://doi.org/10.1016/j.ijnss.2020.12.013> (ISI / SCOPUS)
- **Adolfo, C.S.**, Albougami, A.S., Roque, M.Y., Almazan, J.U. (2021). Nursing care towards older adults with dementia: An integrative review. *Scandinavian Journal of Caring Sciences*. <http://doi.org/10.1111/scs.12974> (ISI / SCOPUS)
- **Adolfo, C.S.**, Almazan, J.U., Cruz, J.P., Albougami, A.S., Roque, M.Y., Montayre, J. (2021). Saudi Arabian nurses' workaholic tendencies and their predictive role in professional quality. *Perspective in Psychiatric Care*. DOI: 10.1111/ppc.12913 (ISI / SCOPUS)
- Albougami, A.S., Almazan, J.U., Cruz, J.P., Alamri, M.S., Maniago, J.D., Palompon, D.R., Garcia, L.L., Orte, C.J., **Adolfo, C.S.**, Colet, P. (2021). A Thematic Analysis of Disaster Resilience through the Lens of Typhoon Haiyan's Older Filipino Adult Survivors. *Ageing International*. <https://doi.org/10.1007/s12126-021-09448-4> (ISI / SCOPUS)
- Aruta, J.B., Almazan, J.U., Alamri, M.S., **Adolfo, C.S.**, Gonzales, F. (2022). Measuring Mental Well-Being among Frontline Nurses during the COVID-19 Crisis: Evidence from Saudi Arabia. *Current Psychology*. <https://doi.org/10.1007/s12144-022-02828-2> (ISI / SCOPUS)
- **Adolfo, C.S.**, Albougami, A.S., Rique, M.Y., Aruta, J.R., Almazan, J.U., (2022). An Integrated Review of Negative Emotions of Older Adults in Later Life. <https://doi.org/10.1111/nuf.12785> (ISI / SCOPUS)
- Ibrahim Alasqah, Muteb Alotaibi, **Cris Adolfo**, Mahmudul Hassan Al Imam, Bader Alrasheadi, Adel Alhindi, Hassan Altakroni, Ilias Mahmud. (2022). Quality Improvement Attitudes among

Saudi Nurses in Hospitals in Qassim, Saudi Arabia: A Cross-Sectional Survey. Healthcare.
<https://doi.org/10.3390/healthcare11010049>

TRAININGS AND SHORT COURSES

BASIC CERTIFICATE IN QUALITY AND SAFETY

Institute for Healthcare Improvement (IHI Open School) | 2019

OHSAS 18001:2007 (INTERNAL AUDITOR TRAINING)

TUV SUD Middle East L.L.C. | 2018

BLS PROVIDER

Saudi Heart Association – National CPR Committee | Valid from 2017 - 2019

CERTIFICATE COURSE IN GLOBAL HEALTH

University of the Philippines and Global Health Focus | 2016

PREP TRAINING OF TRAINORS ON DRRMP AND CONTINGENCY PLANNING

Center for Disaster Preparedness | 2015

PROFESSIONAL DEVELOPMENT WORKSHOP SERIES ON EVALUATION AND APPLIED RESEARCH METHODS

Claremont Graduate University | 2015

CPR PRO FOR PROFESSIONAL RESCUER

American Safety and Health institute | 2012

TRAINING WORKSHOP ON THE TEACHING OF BIOETHICS IN PHILIPPINE HIGHER EDUCATION

University of the Philippines | 2009

PRECEPTORSHIP TRAINING

Philippine Orthopedic Center | 2008

PRECEPTORSHIP TRAINING

San Lazaro Hospital | 2008

POSTGRADUATE COMPLETION PROGRAM FOR MIDWIFERY LICENSURE FOR REGISTERED NURSES

Dr. Jose Fabella Memorial Hospital – School of Midwifery | 2005

OTHER PROFESSIONAL EXPERIENCE (RESOURCE SPEAKER, POSTER PRESENTER)

6th PNRS NATIONAL NURSING RESEARCH CONFERENCE

Baguio City | 2013

PANEL DISCUSSION IN GLOBAL HEALTH ISSUES (INTRODUCTION TO UNIVERSAL HEALTH COVERAGE)

Dela Salle College of Saint Benilde | 2013

INTEGRATED MANAGEMENT FOR CHILDHOOD AND ILLNESSES (IMCI) AND COMMUNITY ORGANIZING PARTICIPATORY ACTION RESEARCH (COPAR)

Central Luzon Doctor's Hospital – Educational Institution, Inc. | 2012

LEADERSHIP STRATEGIES AND COMPETENCY

University of Saint Anthony | 2012

NURSING RESEARCH: A ROAD TO LOVE

St. Anthony College of Roxas City | 2012

CONFERENCES AND SEMINARS

NEW LEADERS FOR HEALTH PRE-FORUM

Council on Health Research and Development | 2015

PROTECTION FROM SEXUAL EXPLOITATION AND ABUSE ORIENTATION

AAP CWC Working Group Tacloban Hub | 2015

ACCOUNTABILITY TO AFFECTED POPULATIONS AND COMMUNICATING WITH COMMUNITIES TRAINING

AAP CWC Working Group Tacloban Hub | 2015

META PHILIPPINE FORUM MEDICINE TRANSPARENCY ALLIANCE

Bayaniham Center, Pasig City | 2014

1st INTERNATIONAL CONFERENCE FOR HEALTHCARE PROFESSIONALS

Centro Escolar University | 2014

6th PNRS NATIONAL NURISNG RESEARCH CONFERENCE

Baguio City | 2013

TECHNICAL CONSULTATION ON ANTIMICROBIAL RESISTANCE SURVELLANCE IN THE WESTERN PACIFIC REGION

WHO – WPRO | 2013

NOMELEC ORIENTATION OF THE PNA ELECTION CODE

Philippine Nurses Association | 2013

POLICY DIALOGUE ON UNIVERSAL HEALTH CARE AND ACCESS TO MEDICINES

Asian Institute of Management and Department of Health | 2013

HIGH – LEVEL MEETING ON REGIONAL HEALTH SYSTEMS STRATEGIES REVIEW

WHO - WPRO | 2013

REGIONAL PROGRAMME MANAGERS MEETING ON NEGLECTED TROPICAL DISEASES IN THE WESTERN PACIFIC REGION

WHO - WPRO | 2013

MEETING ON AGEING AND HEALTH IN THE WESTERN PACIFIC REGION

WHO - WPRO | 2013

22ND MEETING OF THE TECHNICAL ADVISORY GROUP ON IMMUNIZATION AND VACCINE-PREVENTABLE DISEASES IN THE WESTERN PACIFIC REGION

WHO - WPRO | 2013

HEALTH COP BROWN BAG: STRUGGLING FOR IDENTITY: HEALTH IMPACT ASSESSMENT

Asian Development Bank | 2013

CHALLENGES OF NON-COMMUNICABLE DISEASE: THE WELLNESS TREE

Philippine Nurses Association | 2013

ECG READING AND INTERPRETATION

Community Health Education Emergency Rescue Services | 2012

FIRST AID WITH DISASTER MANAGEMENT AND S.T.A.R.T. TRIAGE

Community Health Education Emergency Rescue Services | 2012

2010 INTERNATIONAL NURSES DAY FORUM

Philippine Nurses Association | 2010

NURSES DRIVING ACCESS TO QUALITY HEALTH CARE

Philippine Nurses Association | 2011

18TH ANNUAL CONFERENCE: RESEARCH TRENDS FOR DECADE 2010 - 2020

Philippine Society for Educational Research and Evaluation, Inc. | 2010

29TH ANNUAL LOCAL CONVENTION AND 4TH SCIENTIFIC LECTURE SERIES

Philippine Nurses Association | 2008

COMMUNITY ORGANIZING – PARTICIPATORY ACTION RESEARCH FOR COMMUNITY HEALTH DEVELOPMENT

Sacred Heart College | 2006

NEW LEADERS FOR HEALTH PRE-FORUM

Council on Health Research and Development | 2015

RESEARCH MENTORSHIP

<i>Name of Student</i>	<i>Research Title</i>	<i>Role</i>	<i>Degree</i>	<i>University</i>	<i>Date of Completion</i>
Abeer Abdullah Asiri	Leadership Practices of Top Nursing Managers and Job Performance of Nurses in Riyadh, Saudi Arabia	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2022
Abdulmajeed Jahaz Alahmadi	Relationship of Leadership Practice of Nurse Supervisor and the Staff Nurse Job Performance	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2022
Mohammed Aldhubayi	Quality and Productivity of Nurses Towards Patient	Adviser / Supervisor	Master of Science in Nursing (Management	Majmaah University, Saudi Arabia	2022

	Experience Outcomes in Home Health Care in Qassim Region		and Leadership)		
Essa Alharbi	Effect of Nursing Leadership Training Program on Head Nurse Competency and Job Performance	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2022
Mohammed Abdulghani Abualoyun	Stress and Coping Approaches Among Nursing Staff in Al-Madinah Al-Munawara City	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2021
Ali Yahya Alqahtani	Nursing Leadership Practice and Technological Competency Among Nurse Managers in Riyadh City Hospitals, Saudi Arabia	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2021
Awadh Shaman Alharbi	Toxic Leadership Perception among Nurses Working in Saudi Arabia	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2020
Ibrahim Jaber Alrehaili	Effect of Nurse Leadership Styles on Sustainable Healthy Working Environment (HWE) in Selected	Adviser / Supervisor	Master of Science in Nursing (Management and Leadership)	Majmaah University, Saudi Arabia	2020

	Hospitals at Madinah City				
Aldrin Jardaleza	Interdisciplinary Teamwork and Collaboration among Healthcare Professionals in Acute Setting	Adviser / Supervisor	Master of Arts in Nursing	University of the City of Manila, Philippines	2014

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